

Filling this out before your next doctor's appointment can improve your discussions about starting HIV therapy.

What factors do you consider most important in selecting your first regimen?

	MOST IMPORTANT	VERY IMPORTANT	LESS IMPORTANT	NOT IMPORTANT
Can reduce a high HIV level	4	3	2	1
Long lasting	4	3	2	1
Fewer pills in each dose	4	3	2	1
Dosing only once or twice a day	4	3	2	1
Low chance of stomach side effects	4	3	2	1
Low chance of brain-related side effects	4	3	2	1

After looking over the available information on HIV therapies, what are two possible combinations that appear to meet the most of your concerns?

Regimen #1:

Regimen #2:

My reasons for considering these regimens:

Concerns I have about these regimens:

Side effects to discuss with my doctor and plan for:

Adherence strategies I will use include:

Questions to ask my doctor:

