

Table 3-3: Clinical Symptom Assessment

HISTORY		
• Medical history	Diagnosis	
	Chronology	Including of other HIV-related illnesses
	Therapeutic interventions	Including antiretroviral therapies
	Patient's knowledge of current extent of disease	
	Past history of other medical, surgical, psychiatric problems	
• Assessment	Review of systems	Including the oft-neglected psychiatric review
	For each symptom:	Chronology, frequency, severity
		Aggravating and alleviating factors
		Degree of distress
		Impact on function
		Other clinical characteristics
		Impact of each symptom on other symptoms
		Patient perception of etiology
		Prior treatment modalities and their efficacy
Other factors that modulate distress associated with specific symptoms, e.g., coping strategies and supports		
• Psychosocial issues	Family history	
	Social resources	
	Impact of disease and symptoms on patient and family	
	Substance abuse history and aberrant drug-related behaviors	
	Goals of care	

Table 3-3: Clinical Symptom Assessment (continued)

<ul style="list-style-type: none"> Global symptom impact 	Global symptom distress	Impact of overall symptom distress on quality of life
	Impact of symptoms on quality of life	Physical condition
		Psychological status
		Social interactions
Factors that modulate global symptom distress, e.g., coping strategies and family supports		
<ul style="list-style-type: none"> Current medications 	Current and prior use of prescription medications	
	Current and prior use of antiretroviral therapies	
	Current and prior use of nonprescription drugs including alternative or complementary medical therapies	
<ul style="list-style-type: none"> Drug allergies and previous adverse drug reactions 		
Physical examination		
Assessment of available laboratory and imaging data		
Conclusions of diagnostic process		
<ul style="list-style-type: none"> Pathophysiology (for each symptom) 	Inferred pathophysiology	Differing pathophysiologies
	Relationship to other symptoms	Same pathophysiology
		Causal pathology induced by another symptom
		Causal factor is treatment directed at another symptom

Sources: Adapted from Ingham JM, Portenoy RK. Symptom Assessment. In Cherny NI, Foley KM, eds. *Hematology/Oncology Clinics of North America*. Philadelphia: W.B. Saunders; 1996. p. 21-40. Also, Ingham JM, Portenoy RK. The measurement of pain and other symptoms. In Doyle D, Hanks GWC, MacDonald N, eds. *Oxford Textbook of Palliative Medicine*. 2nd ed. Oxford: Oxford University Press; 1998. p. 203-21.