

A SIECUS Annotated Bibliography

As part of its 35th Anniversary celebration, SIECUS asked professionals in the fields of sexual health and sexuality education to submit the names of books that have influenced them in the past 35 years.

The result is this SIECUS Annotated Bibliography of “35 Books That Have Influenced Our Understanding of Sexuality.”

Thousands of books of human sexuality have been published during the past 35 years. The 35 listed below represent books that have changed our understanding of sexuality by offering new perspectives, new insights, or new research. By definition, this is a highly selected list. Readers are encouraged to send their suggestions for future updates of this bibliography.

SIECUS does not sell or distribute the books listed in its bibliographies. Most are available for use, however, in the Mary S. Calderone Library. For those interested in purchasing any of the books, they will find the most current publication date, contact information, and price for each annotation.

This bibliography is available free of charge on the SIECUS Web site or for \$2 per copy by writing to the SIECUS Publications Department.

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This bibliography was compiled by Amy Levine, M.A., SIECUS librarian, and Lissette Marrero, SIECUS information assistant.

**11 Million Teenagers:  
What Can Be Done About  
the Epidemic of Adolescent  
Pregnancies in the United States**

*The Alan Guttmacher Institute*

This was the first widely published booklet on teenage pregnancies in the United States. It discussed key factors as well as the consequences of early childbearing for young mothers, their babies, and society. 1976; out of print; *The Alan Guttmacher Institute*.

**About Your Sexuality**

*Unitarian Universalist Association*

This was the first religious denomination sexuality education curriculum for youth. It has been updated as *Our Whole Lives*. 1971; out of print; *Unitarian Universalist Association, 25 Beacon Street, Boston, MA 02108; Phone: 800/215-9076; Fax: 617/367-3237; Web site: www.uua.org.*

**Against Our Will:  
Men, Women and Rape**

*Susan Brownmiller*

Published in 1975, this book discussed rape from an historical perspective. The author

concluded that the threat, use, and cultural acceptance of sexual force is a pervasive process that affects all women.

1993; \$12.50; ISBN: 0-449-90820-8; *Random House, Inc., 400 Hahn Road, Westminster, MD 21157; Phone: 800/733-3000; Fax: 800/659-2436; Web site: www.randomhouse.com.*

**American Couples**

*Philip Blumstein, Ph.D.  
and Pepper Schwartz, Ph.D.*

This book was one of the most comprehensive reports on heterosexual and homosexual couples in America. This book looked at how couples deal with money, work, and sex in their lives.

1983; out of print; ISBN: 0-688-03772-0; *William Morrow and Company, Inc.*

**The Best Intentions:  
Unintended Pregnancy  
and the Well-Being of  
Children and Families**

*Sarah S. Brown and  
Leon Eisenberg, Editors*

This report from the Institute of Medicine brought to light the fact that half of all

pregnancies—not just teenage pregnancies—in the United States were unplanned. It went on to discuss the relationship of unintended pregnancy in the United States to the health and well-being of children and families. It also provided recommendations for policy, practice, and research.

1995; \$29.95; ISBN 0-309-05230-0; *National Academy Press, 2101 Constitution Avenue, Box 285, Washington, DC 20055; Phone: 800/624-6242; Fax: 202/334-2451; Web site: www.nap.edu.*

**Between  
Two Gardens:  
Reflections on Sexuality  
and Religious Experience**

*James B. Nelson*

Published in 1983, this book was one of the first to look at the relationship between religion and sexuality by asking the question: “What does faith say about sexuality?” Topics include men’s liberation; the Jewish, Catholic, and Protestant views of sexuality; religious and ethical inquiries; homosexuality; the family; and abortion.

1997; \$12.97; ISBN 0-8298-0681-4; *Pilgrim Press, P. O. Box 901867, Cleveland, OH 44190; Phone: 800/654-5129; Fax: 216/736-3713; Web site: www.apk.net/ucc.*

## **Christianity, Social Tolerance, and Homosexuality: Gay People in Western Europe from the Beginning of the Christian Era to the Fourteenth Century**

*John Boswell*

Published in 1980, this book was the first to establish a history of same-gender sexual relationships dating to the First Century. 1995; \$19.95; ISBN: 0-226-06711-4; *The University of Chicago Press, 11303 South Langley Avenue, Chicago, IL 60628; Phone: 773/702-7700; Fax: 800/621-8476; Web site: www.press.uchicago.edu.*

## **Confronting AIDS: Directions for Public Health, Health Care, and Research**

*Institute of Medicine  
National Academy of Sciences*

This was the first report by the National Academy of Sciences on AIDS. It provided a foundation for future policy and program development.

1986; \$29.95; ISBN 0-309-03699-2; *National Academy Press, 2101 Constitution Avenue, Box 285, Washington, DC 20055; Phone: 800/624-6242; Fax: 202/334-2451; Web site: www.nap.edu.*

## **Constructing the Sexual Crucible: An Integration of Sexual and Marital Therapy**

*David Schnarch*

This book offered a new approach to sexual and marital therapy. It concentrated on treating the marital relationship, not treating sexual dysfunctions.

1991; \$49; ISBN 0-393-7012-6; *W. W. Norton and Company, Inc., National Book Company, 800 Keystone Industrial Park, Scranton, PA 18512-4601; Phone: 800/223-2584; Fax: 800/458-7515; Web site: www.wwnorton.com.*

## **Contraceptive Technology: Seventeenth Revised Edition**

*Robert A. Hatcher, M.D., M.P.H., et al*

This book began in the late 1960s as a stapled set of mimeographed pages for med-

ical students. It was first published in 1971 as a booklet. Currently in its seventeenth edition, this book provides detailed and comprehensive information on each contraceptive method.

1998; \$39.95; ISBN 0-9664902-0-7; *Arden Media, Inc., Box 286, Cooper Station P. O., New York, NY 10276-0286; Phone: 800/218-1535; Fax: 212/861-0998.*

## **Disorders of Sexual Desire and Other New Concepts and Techniques in Sex Therapy**

*Helen Singer Kaplan, M.D., Ph.D.*

This book introduced the concept of sexual desire disorders and extended the work of Masters and Johnson. It included case studies on the treatment of sexual dysfunctions that focused on problems of desire from the perspective of the comprehensive, integrated psychosexual therapy.

1979; out of print; ISBN 0-87630-212-6; *Brunner/Mazel Publications.*

## **The Feminine Mystique**

*Betty Friedan*

Published in 1963, this book helped launch the women's movement in the United States. It addressed the distorted image of femininity that had pervaded society and that limited women from realizing their full potential.

1997; \$27.50; ISBN 0393040496; *W. W. Norton and Company, Inc., National Book Company, 800 Keystone Industrial Park, Scranton, PA 18512-4601; Phone: 800/223-2584; Fax: 800/458-7515; Web site: www.wwnorton.com.*

## **For Yourself: The Fulfillment of Female Sexuality**

*Lonnie Barbach*

Published in 1975, this book was a breakthrough in providing honest instruction on achieving orgasm. Through group discussion, exercises, and homework, Barbach helped many women in the group become attuned and comfortable with their bodies.

1997; \$12.95; ISBN 0-385-11245-9; *Bantam, Doubleday, Dell, 2451 South Wolf Road, Des Plaines, IL 60018; Phone: 800/323-9872; Web Site: www.bdd.com.*

## **Gay, Straight, and In-Between: the Sexology of Erotic Orientation**

*John Money*

Originally published in 1988, this book was one of the first to look at what is known about sexual orientation. It included case studies that looked at historical, cultural, and psychological factors relating to sexual orientation.

1990; \$9.95; ISBN: 0-19-506331-7; *Oxford University Press, 2001 Evans Road, Cary, NC 27513; Phone: 800/451-7556; Fax: 919/677-1303; Web site: www.oup-usa.org.*

## **The History of Sexuality, Volume 1**

*Michel Foucault*

Translated into English in 1978, this book explored the relationship between power and our society's perceptions of, and involvement with, sexuality. It radically changed the way people thought about sexuality by placing sexuality in an historical context and taking it out of the realm of simple biology.

1990; \$11; ISBN 0-679-72469-9; *Random House, Inc., 400 Hahn Road, Westminister, MD 21157; Phone: 800/733-3000; Fax: 800/659-2436; Web site: www.random-house.com.*

## **Human Sexual Inadequacy**

*William H. Masters, M.D.,  
and Virginia E. Johnson*

This was the first book on sexual dysfunction that was widely read by the general public. As a result, it introduced a new era in the treatment of sexual dysfunction. It discussed the concept and format of Masters and Johnson's therapy program and also addressed specific sexual dysfunctions. 1970; out of print; ISBN 0-316-549851; *Little, Brown and Company.*

## **Human Sexual Response**

*William H. Masters, M.D.  
and Virginia E. Johnson*

This book was the first to introduce the stages of human sexual response—excitement, plateau, orgasm, and resolution. It was based on laboratory research that studied

the relationship of anatomy and physiology to sexual response. Designed for professionals, it represented a major breakthrough in knowledge about human sexuality.

1966; \$52.95; ISBN 0-316-54987-8; Lippincott, Williams and Wilkins, P. O. Box 1610, Hagerstown, MD 21741; Phone: 800/638-3030; Fax: 301/824-7390; Web site: [www.lww.com](http://www.lww.com).

## The International Encyclopedia of Sexuality

Robert T. Francoeur, Editor

This three-volume encyclopedia is the most comprehensive crosscultural collection of information on sexuality ever published. It provides information from 30 countries on sexual attitudes and behavior patterns.

1997; \$225, three-volume set; ISBN: 0-8264-0841-9; Continuum Publishing Company, P.O. Box 605 Herndon, VA 20172; Phone: 800/561-7704; Fax: 703/661-1501; Web site: [www.continuum-books.com](http://www.continuum-books.com).

## Intimate Matters: A History of Sexuality in America, 2nd Edition

John D'Emilio and Estelle B. Freedman

Published in 1988, this book provides a history of sexuality in America since the Pilgrims. Its journey started with "the family-centered, reproductive sexual system in the colonial era," went through "the romantic, intimate and conflicted sexuality of the nineteenth-century marriage," and concludes with "the commercialized sexuality of today."

1997; \$14.95; ISBN: 0-226-14264-7; The University of Chicago Press, 11303 South Langley Avenue, Chicago, IL 60628; Phone: 773/702-7700; Fax: 800/621-8476; Web site: [www.press.uchicago.edu](http://www.press.uchicago.edu).

## The New Joy of Sex: A Gourmet Guide to Lovemaking for the Nineties

Alex Comfort, M.B., D.Sc.

Published in 1972 as *The Joy of Sex: A Cordon Bleu Guide to Lovemaking*, this book was a breakthrough in the popular literature of marriage guides. With its uninhibited combination of words and illustrations, it developed into a publishing phenomenon,

and continues to be one of the best-selling books on sexuality for adult readers.

1994; \$12; ISBN 0-517-59910-4; Random House, Inc., 400 Hahn Road, Westminister, MD 21157; Phone: 800/733-3000; Fax: 800/659-2436; Web site: [www.randomhouse.com](http://www.randomhouse.com).

## The New Male Sexuality

Bernie Zilbergeld, Ph.D.

Printed in 1984, this self-help book was the first comprehensive look at male sexuality. It discussed the sexual development, thoughts, feelings, and behaviors of men—from young adulthood through old age. It includes information on male sexuality, relationships, and resolutions to sexual problems.

1993; \$7.99; ISBN: 0553-56259-2; Bantam Doubleday Dell, 2451 South Wolf Road, Des Plaines, IL 60018; Phone: 800/323-9872; Web site: [www.bdd.com](http://www.bdd.com).

## The New Sex Therapy: Active Treatment of Sexual Dysfunctions

Helen Singer Kaplan, M.D., Ph.D.

This was the first comprehensive handbook for professionals on sex therapy. It describes treatment methods for sexual disorders and clarifies the theories of psychopathology and psychiatric treatment.

1974; \$17.50; ISBN: 0-87630-083-2; Brunner/Mazel Publications, 47 Runway Road, Suite G, Levittown, PA 19057; Phone: 800/825-3089; Fax: 215/269-0363; Web site: [www.taylorandfrancis.com](http://www.taylorandfrancis.com).

## Our Bodies, Our Selves for the New Century: A Book by and for Women

The Boston's Women's Health Book Collective

Published in 1970, this book was one of the first to empower women to become more informed about their own health, including their sexual and reproductive health. It was revised and updated in 1998 to reflect the health concerns of women of diverse ages, ethnic and racial backgrounds, and sexual orientations.

1998; \$24; ISBN 0-684-84231-9; Simon & Schuster Order Department, 200 Old Tappan Road, Old Tappan, NJ 07675; Phone: 800/223-2348; Web site: [www.simonsays.com](http://www.simonsays.com).

## Our Passion for Justice: Images of Power, Sexuality and Liberation

Carter Heyward

This book is a collection of essays, sermons, lectures, and liturgical poetry that reflected the feminist theological perspective of the author on sexuality, class, race, and social justice.

1984; \$16.95; ISBN 0-8298-0705-5; Pilgrim Press, P.O. Box 901867, Cleveland, OH 44190; Phone: 800/654-5129; Fax: 216/736-3713; Web site: [www.apk.net/~ucc](http://www.apk.net/~ucc).

## Pleasure and Danger: Exploring Female Sexuality

Carole S. Vance, Editor

Published in 1984, this book emerged from a groundbreaking conference, "Towards a Politics of Sexuality," held at Barnard College in 1982. It was the first public dialogue to affirm sexual pleasure for women as well as addressing the dangers.

1993; \$20; ISBN 0044408676; New York University Press, 70 Washington Square South, New York, NY 10012; Phone: 800/996-6987; Fax: 212/995-3833; Web site: [www.nyupress.nyu.edu](http://www.nyupress.nyu.edu).

## Risking the Future: Adolescent Sexuality, Pregnancy, and Childbearing

Cheryl D. Hayes, Editor

This report presented the findings of the Panel of Adolescent Pregnancy and Childbearing, which was convened by the National Research Council from 1984 to 1986. It offered recommendations for policies and programs that guided program development for the next decade.

1987; out of print, photocopy available for \$34.35; ISBN: 0-309-03698-4; National Academy Press, 2101 Constitution Avenue, N.W., Box 28.5 Washington, DC 20055; Phone: 800/624-6242; Fax: 202/334-2451; Web site: [www.nap.edu](http://www.nap.edu).

## Science in the Bedroom: A History of Sex Research

Vern L. Bullough

This book provided an overview of sex research from the fourteenth-century B.C. to the present. It explained the development of sex research to help a wider audience understand the field of sexology as well as how changes in public attitude occurred.

1994; out of print; ISBN: 0-465-03020-3; Harper Collins Publishers, Inc.

## The Sex Atlas: An Illustrated Guide

Erwin J. Haeberle

This book was one of the first illustrated guides to use explicit photographs to educate professionals and the public about human sexuality.

1978; out of print; ISBN: 0-8164-9160-7; The Seabury Press.

## Sexuality and the Curriculum: The Politics and Practices of Sexuality Education

James T. Sears, Editor

This book urges educators to consider the "hidden sexuality education curricula" in schools: messages students receive from the behaviors of teachers and administrators, the locker room, the cafeteria, and peers. 1992; \$22.95; ISBN 0-8077-3153-6; Teachers College Press, P. O. Box 20, Williston, VT 05495; Phone: 800/575-6566; Fax: 802/864-7626; Web site: [www.tc.columbia.edu/~tcpress](http://www.tc.columbia.edu/~tcpress).

## The Social Organization of Sexuality: Sexual Practices of Sexuality

Edward O. Laumann, et al

This report is the most comprehensive survey on sexual behavior of the general pop-

ulation to date. The survey was designed to determine the incidence and prevalence of sexual practices and to place them in their social contexts.

1994; \$49.95; ISBN: 0-226-46957-3; University of Chicago Press, 11303 South Langley Avenue, Chicago, IL 60628; Phone: 773/702-7700; FAX: 800/621-8476; Web site: [www.press.uchicago.edu](http://www.press.uchicago.edu).

## Surgeon General's Report to the American Public on HIV Infection and AIDS

U.S. Centers for Disease Control,  
Health Resources and  
Services Administration,  
National Institutes of Health

Published in 1986, this booklet from Surgeon General C. Everett Koop was sent to every household in America. It addressed AIDS transmission, risk, prevention and its implications in the late 1980s. Dr. Koop said: "Education concerning AIDS must start at the lowest grade possible as part of any health and hygiene program."

1993; CDC National Prevention Information Network (CDCNPIN), P. O. Box 6003; Rockville, MD 20849-6003; Phone: 1-800-458-5231; Fax: 888/282-7681; Web site: [www.cdcnpin.org](http://www.cdcnpin.org).

## Taking Chances: Abortion and the Decision Not to Contracept

Kristin Luker

This book presented a new model for understanding how women make rational decisions about contraception and risk taking.

1975; out of print; ISBN 0-520-03594-1; University of California Press

## Teaching About Sexuality and HIV: Principles and Methods for Effective Education

Evonne Hedgepeth, Ph.D.  
and Joan Helmich, M.A.

This book is the most comprehensive book to date to help teachers and community health educators understand the "how" and "why" of effective HIV/AIDS-prevention and sexuality education.

1996; \$20.00; ISBN: 0-8147-3535-5; New York University Press, 70 Washington Square South, New York, NY 10012; Phone: 800/996-6987; Fax: 212/995-3833; Web site: [www.nyuypress.nyu.edu](http://www.nyuypress.nyu.edu).

## Teenage Pregnancy in Industrialized Countries: A Study Sponsored by The Alan Guttmacher Institute

Elise F. Jones et al

This book compared teenage pregnancy rates in the United States with other industrialized countries including France, Canada, and the Netherlands. It explored reasons why the United States has the highest teen pregnancy rates in the developed world.

1986; out of print; ISBN 0-300-03705-8; Yale University Press.

## Values in Sexuality: A New Approach to Sex Education

Eleanor S. Morrison  
and Mila Underhill Price

This book was one of the first guidebooks for teaching a value-based approach to sexuality education. It presented a collection of exercises that helped educators teach young people how to explore and discuss their feelings and values about sexuality.

1974; out of print; ISBN 0-89104-165-6; Hart Publishing Company, Inc.

