

International AIDS Society-USA and Department of Health and Human Services Guidelines for Initial Antiretroviral Treatment in a Snapshot - What To Start With?

Recommended or Preferred Regimens/Components

IAS-USA – Updated July, 2004

NRTI	NNRTI	PI
TDF + FTC or 3TC AZT + FTC or 3TC ddI + FTC	EFV or NVP*	LPV/r SQV/r ATV/r IDV/r

DHHS – Updated October, 2004

Combos		
(3TC or FTC)+ (AZT or TDF) + EFV	or	LPV/r + (3TC or FTC) + (AZT)

**In selected pts.*

Alternative Components

IAS-USA

Nuke Combos	+	PIs
ABC + 3TC, or ddI + TDF, or ddI + 3TC, or AZT + ABC, or d4T + 3TC, or		Fos-APV/r , or ATV, or NFV

DHHS

Non-Nuke Combos		
EFV +(3TC or FTC) + (ddI or ABC or d4T)		
NVP + (3TC or FTC) + (AZT or d4T or ddI or ABC)		

Nukes	+	PIs
(3TC or FTC) +(AZT or d4T or ABC)		Fos-APV, or Fos-APV/r, or ATV, or LPV/r, or IDV/r, or NFV, or SQV/r

Special Circumstances Only

Triple Nukes

AZT + 3TC + ABC*

** No longer recommended for initial therapy except when use of NNRTIs or PIs precluded*

The Department of Health and Human Services (DHHS) Guideline can be found at:
<http://aidsinfo.nih.gov/guidelines/>

The IAS-USA Treatment Guidelines are, unfortunately only available on line with a fee. For more information you can go to to: <http://www.iasusa.org>.