



A ROUGH GUIDE TO DIRTY SEX

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SEX PIGS

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"DIRTY LITTLE BAREBACK FUCKER" FULLY DISCLOSES HIV STATUS

If you can't be yourself when you're having a fuck, why bother. It's not going to be much fun. I enjoy letting go and letting myself be me, and hopefully the other guy, or guys, are at ease, so that that they can be themselves.

Sure, there are risks in sex, syphilis, the heps, gonorrhoea, herpes, you name the STIs. But the biggest one we face, as gay men, and which affects our lives for the future, is HIV. To get around that I'm always up front with: "I'm HIV positive, I'll bareback with you if you're positive." That's it. End of story. Full disclosure there. They know everything, and they're equipped with all the knowledge they need. I created a profile on line that said it all for me, and I don't put anyone else at risk.

It's about communication: hey this is me, this is what I'm into, this is what I'm comfortable with, and making sure other guys are comfortable with that. Otherwise there are always going to be misunderstandings.

There are neg guys who bareback, but only with other neg guys. But it's more a case of "oh yeah I was neg last time I got tested" i.e. two years ago. And I think so called neg guys have a lot to think about when there are any increases in HIV. They just couldn't be fucked to go and get tested - because they're scared. And after what I've been through, getting HIV, I think that's being naïve and even irresponsible.

Yeah, I'm a little pig, but I have set boundaries. And that's something that shouldn't change, even when you're on drugs. Some things should be innate in your behaviour, and in your character.

WHAT YOU NEED TO KNOW:

Know your boundaries and stick to them, even if you're on drugs.

If someone tells you they are negative, they might not have had a test recently and so not really know their status.

The best way for you to avoid getting HIV is to use condoms for fucking.

If you're HIV negative and have had risky sex, get PEP (Post Exposure Prophylaxis) as soon as possible (and no later than 72 hours afterwards) to maximise your chances of avoiding HIV.

PEP is a four week course of anti HIV drugs that can prevent you becoming HIV positive.

The phone number for the PEP Hotline (24 hours, 7 days a week) is 1800 PEP NOW or 1800 737 669.

SEX PIGS



DARK AND DIRTY SEX AND MANAGING YOUR HEALTH

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You take a risk and tell yourself "it'll be okay".

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Photo: Jamie Dunbar

BLASTING

U want to blast? An sms from a mate - and an invite to fuck. I hadn't planned it, but the idea turned me on. It's just a total rush, and puts you into this full on head space for a wild fuck. There's nothing like it and I've had some hot sessions on it.

l also knew what one of our sessions often turns into... Crystal is, well, more-ish... and it's not only more (and more) crystal, it's about more (and more) guys. Days later (literally) and asking should we do just one more point, and hook up with just a couple of more guys. I've also had sessions where everyone is totally obsessed with the internet and who's online, rather than who's in the room they can fuck. It can really focus you, yeah and sometimes too much. Crystal connects you, but it can make you more selfish. Some people really change on it, and not always in a good way. And when you've been off it for a while, you think ... what was all that about? And after a few of those filthy extreme days, even for an extremist like me, waking up with a Temazepam in one hand, and not enough to drink, not enough to eat, feeling like shit, and going to feel like shit for days, scratching head, trying to remember it all - or some of it. Anyway, back to the sms.....

WHAT YOU NEED TO KNOW:

Know your boundaries and stick to them. When you're fucking on drugs, give some thought to how much you're using, when you're using and why you're using them.

If you're injecting, always use new equipment for each hit, and never share equipment, to prevent Hepatitis C and HIV.

If you are having a big session, look after yourself by keeping re-hydrated, and having something to eat, and if you're on HIV meds, taking your next dose with you when you head out.

If you want to reduce your use of a drug or stop altogether, it can be helpful to talk to a counsellor, doctor or a support group. There are strategies and treatments which can make it easier.



DARK AND DIRTY SEX AND MANAGING YOUR HEALTH

How high do you really want to go? Are you ready to face the consequences?

Know your boundaries and stick to them. When you're fucking on drugs give some thought to how much you're using, when you're using, and why you're using them.

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CUBICLES AND G

I was at a club full of hot men. We connected and he hauled me off the dancefloor and into the toilets to just fuck me there - hopefully. We kissed and I got a hard-on. He took out an eye-dropper and squeezed it into his drink and swigged it down. "You want some," he looked up. "Nah," I said, "I just want your cock now." He leant against the wall. "Any minute now," he breathed as I tongued him, feeling his butt and digging my hand down his pants so I could sniff his buttcrack. I knew this was going to be one filthy fuck and I planted my mouth on his, and we got more and more into it. Then he just suddenly slumped to the floor. Shit, there goes my hard-on! I dragged him out of the cubicle and took him outside. Thankfully the guy on the door was up on this stuff and told me to get him some fresh air. They've obviously seen this a hundred times before. I managed to get him to stagger up the stairs with me and on the street. I leant him against a wall and he started to breathe heavily. "You want me to call an ambulance?" I asked. "No, no," he whispered, "This happens to me if I do too much G. Just give me some time. Just stay here with me." So I did. For half an hour. I got him some water and just sat with him on the street, as people passed us by, and looked at us. Finally he was able to speak again. "Sorry mate, I fucked up. I must have timed it too early. You're a nice guy for looking after me." So I went home with him. And we did finally have great sex the next day.

WHAT YOU NEED TO KNOW:

There have been many overdoses with GHB or G. The difference between a dose and an overdose can be very small.

If you have taken a dose of G wait long enough for the effects. Taking a second dose too quickly can easily be an overdose.

Never use G if you have been drinking alcohol that day; this can be very dangerous.

If someone is incoherent, 'falling asleep', or is experiencing uncontrolled bodily movements get medical help for them immediately.

Hooking up

Hot profile. So what are you into? I hate that question. Everything. Is that your answer? What are u into? I'm into guys like you. Cool. LOL Into groups? Yeah, definitely. You? Yeah, mate. Love being double fucked. Fuck, I've only ever seen that in bareback films. Okay, so you don't bareback then. I like to watch it. U? I'm poz. Oh, okay. That's cool.

I find poz men a turn-on.

Why?

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Because you guys are kind of out there. You don't have any boundaries. I wish I could be like that.

Hmm. Mate, if you're not poz why do you have "needs discussion" on your profile under safe sex?

I have some fuck buddies that I don't use condoms with.

So you know for sure that they're negative? Well, yeah. I trust them.

Good luck mate, sounds like you could be joining the club sometime soon.

Ok Maybe I don't know for sure. Have you been positive for long?

About five years now.

You look good from your pics. Are you on meds? I take care of myself. Not on them yet. But there can be other shit to deal with sometimes. Such as? Having to tell guus about it when you're hooking up. I read you. ... We were talking about fucking... I'd really like to fuck you, but I'm not going to be the one to give it to you. We'd have to rubber up. But I wanna feel your hot cock slide inside me. Don't worry buddy, you'll feel it slide in ... just this time it comes without any added stress for you or me. Sounds hot. So why don't you have that you're poz in your profile? Nould you have clicked on me if you did? yeah... I take your point. So when's good for you

yean... I take your point. So when's good for you then?

What you need to know:

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If you're HIV negative, don't just assume other men are as well. Many positive men don't necessarily talk about their HIV status upfront.

Both HIV positive and negative men can be into dirty, raunchy sex. If you're not sure about HIV status – either yours or his – the only safe way to fuck is to use condoms.



DARK AND DIRTY SEX AND MANAGING YOUR HEALTH

Some guys tell you their HIV status. Some make assumptions and guesses.

But they're not always right.

If you're not sure about HIV status use condoms.

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Photo: Jamie Dunbar

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CLUBBING AND FUCKING

It's Thursday night and I'm as horny as hell. Nothing new on line. Too many liars, time-wasters and, worst of all, guys who say they're into everything dirty and then tell you they don't do this and they don't do that. Hello? Didn't they read my profile when I said I'm looking for uninhibited, raunchy sex. How clear do you have to be? ... So I went to my usual venue... I like the theme nights at these kinds of places - they really seem to bring out the sex pig in guys. It was their naked night, so I thought it would be hot and it was... fucking hot. A group started in one of the hallways. When I'm in a sex club, I'll fuck in the hallways. That's one of the bonuses of going to a place like that. About five of us started getting into it, stroking and sucking cocks. Two guys started fucking, bareback, which was a huge turn-on for me. I went over and joined in. They seemed right into me. Then I was about to fuck one of their arses when the guy turned around and looked at me and said, "Yeah fuck me." He was hot. He also looked a bit out of it, and I wanted to do what I was told. I asked him. "Pos?" He said "No Man, neg." Hmmm really?... I put a condom on.

WHAT YOU NEED TO KNOW:

Dirty, raunchy sex doesn't necessarily equal raw sex.

If you're positive, and looking to fuck bareback with other positive guys, you need to communicate that clearly and early on.

Similarly, if you only fuck safely, it's best to be up front about that at the start.

lf you're not sure about HIV status, use condoms.

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FISTING

I'd pretty much tried everything. Except fisting. I'd always thought the idea of sliding someone's hand and most of their arm up your back passage was probably going to upset your dinner, but this guy made me see it differently. I actually found, like with most things, it's more about width than length. "It's about as far from the mainstream as you can deviate. Besides you have such a great looking backside that my fist just wants to adore it from within." Who could argue with that? Especially, as he was not only one of the best DJs around, but also one of the sexiest and filthiest men. "Practise with dildos, and that way you'll teach the sphincter to relax when I come calling with a love glove..." I did, each time managing to get it further up inside me without any real pain. And amyl helped too. "I'll be gentle," Steve told me when I was finally ready to submit myself to be fisted for the first time. "You are so gonna love this," he whispered. "I still remember my first time. It was in New York with a butch daddy who I was just hot for. He really knew what he was doing."

I've always been versatile, so my arse was used to being fucked, but this was a whole new experience. We also had a hot connection that really made it work. He kept whispering to me. "How's that? ... Mind blowing, yeah?" The feeling was difficult to describe but fuck it was good. He had made another convert. I came then like I hadn't come for years.

WHAT YOU NEED TO KNOW:

Fisting is a skill involving honesty and trust, and both guys need to be in control to avoid the potential for injury. It can be dangerous to be 'out of it.'

You can build up to it by playing with dildos and educating yourself on how the arse works and what goes where.

If you use toys, use condoms, and change the condom after each person to prevent Hepatitis C. Wash toys carefully and wash your hands after taking the condom off.

If you're fisting or being fisted, get a regular check for Hepatitis C. Using latex gloves, and changing them between partners, can prevent you from getting or passing on Hepatitis C or other STIs.

DARK AND DIRTY SEX AND MANAGING YOUR HEALTH

When I'm being fisted, I'm conscious of us not getting so out of it that we don't know what's going on.

Using latex gloves, and changing them between partners, can prevent you from getting or passing on Hepatitis C or other STIs.

GETTING THE MESSAGE

Hey mate just been to the doctor and it looks like I've got gonorrhoea, chlamydia or an NSU. Sorry to tell you the bad news but thought I should let you know. cheers Jamie.

I thought oh shit... for about two seconds and then when I thought yep it was good to know. I didn't know if I'd given it to him or he'd given it to me but that didn't matter. He had fucked me a few days before without a condom - we're both positive and had disclosed this to each other before we hooked up. I was on the tail end (so to speak) of a pretty big weekend for him, but I've also fucked a lot of guys and been pretty piggy lately as well. And I didn't feel any different, any 'symptoms', but I don't know how you feel if you've got a poxy arse. I rang my usual doctor the same day. As expected, he was booked up, so I got an appointment with another doctor in the same practice. It was all cool. No dramas. I told him the deal and he took a swab from my butt and throat, got me to piss in a jar, and gave me a jab for gonorrhoea and tablets for chlamydia - and he did a blood test for syphilis just to be on the safe side. Yeah, it was all good. Glad he told me. I probably won't see him again but who knows? And I'd do the same for a fuck if it happens to me, if I've got his number. It's a good thing to do.

WHAT YOU NEED TO KNOW:

If you fuck a lot, get tested for STIs (sexually transmitted infections) at least every three months. This should include a urine sample, throat and butt swab and a blood test.

You can still have an STI without any symptoms. If you do have symptoms, take care of yourself and don't put off going for a test.

An STI like syphilis can seriously damage your health if you don't get it treated. Syphilis can also progress faster if you're HIV positive.

Using a condom when you fuck helps prevent STIs, but you can still get them, even if you always have safe sex. So get tested regularly.

FOR MORE INFORMATION

Boundaries, and risk

Positive or negative HIV is in our lives, PLWHA NSW factsheets

Avalailable on the website: www.plwha.org.au or phone 9361 6011 for copies

PEP hotline (if you are concerned you have been exposed to HIV) 1800 PEP NOW or 1800 or 1800 737 669.

Gay men's health hotline

(provides gay men with support and information for healthy and rewarding sex lives) 1800 009 448 (8am – 6.30pm Monday – Friday, 10am – 6pm Saturday, messages can be left outside these hours and your call will be returned the next working day.

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G factsheet available on ACON website www.acon.org.au

Crystal

A night with Tina -

methamphetamine and HIV PLWHA NSW Health Promotion factsheet. Available online at www.plwha.org.au or phone 9361 6011 for copies Reducing and quitting crystal book available online at www. acon.org.au or phone 9206 2000 for copies

Information counselling and support: AIDS Council of New South Wales (ACON), phone 9206 2000

STIs

Testing, symptoms, treatments and prevention information visit www.whytest.org

PLWHA NSW Health Promotion factsheets 10 reasons to test for STIs and What you need to know about syphilis. Available online at www.plwha.org.au or phone 9361 6011 for copies

Testing and treatment: Sydney Sexual Health Centre (02) 9382 7440

The law in NSW

The NSW Public Health Act says that if you have a sexually transmissible medical condition you must tell your partner before sex. People Living with HIV/AIDS (NSW) continues to advocate that the law reflect the use of condoms in reducing the risk of HIV transmission. People Living with HIV/AIDS (NSW) has produced this magazine and the SEX PIGS Campaign, based on stories and interviews, so men who practise adventurous, or dark and dirty sex, have access to more information to manage their health.

Concept, postcards and media campaign: Kathy Triffitt. Editor: Glenn Flanagan. Design: Slade Smith. Photos: Jamie Dunbar. Particular thanks to Marc Andrews, Carl Taylor, Garrett Prestage, Russell Westacott and Geoff Honnor for their input, and also to Scott, David, Dmitri and other participants and interviewees. Printed by Crackerjack Communications.