

Table 6-3: Treatment of Respiratory Secretions

| Goal | Medication | Dose | Frequency | Route |
|--------------------------------|---|---|------------------------|----------------------------------|
| Thin secretions | Guaifenesin liquid/syrup | 100 – 400 mg | 4 to 6 hrs | PO |
| | Guaifenesin LA tabs | 600 – 1200 mg | 12 hrs | PO |
| | N-Acetylcysteine | 300 – 1200 mg | 12 hrs | PO |
| | N-Acetylcysteine soln (e.g., Mucomyst) | 3-5 ml of 20% solution 1-2 ml 20% solution | 6 to 12 hrs 1-4 hrs | Inhaled aerosol Intratracheal |
| | Fluids | As tolerated | | PO, IV |
| Reduce mucus production | Scopolamine | 1-3 patches (1.5 mg) | 72 hrs | Transdermal |
| | Hyoscyamine sulfate | 0.125 – 0.5 mg | 4 to 6 hrs | PO, SC |
| | Atropine | 0.4 – 0.8 mg | PRN 4 to 6 hrs | PO, SC |
| | Diphenhydramine | 25 – 50 mg | PRN 4 to 6 hrs | PO, IV, IM, PR |