

Table 10-19: Common Psychiatric Medications

Disorder	Medication(s)
Major depressive disorder with or without anxiety May also be useful in PTSD	Bupropion (Wellbutrin -SR): 50 to 300mg; divided doses Venlafaxine (Effexor XR): 37.5 to 225mg Citalopram (Celexa): 10 to 40mg (SSRI) Escitalopram (Lexapro): 5 to 20mg (SSRI) Sertraline (Zoloft): 25 to 200mg (SSRI) Fluoxetine (Prozac): 10 to 80mg (SSRI) Paroxetine (Paxil): 10 to 50mg (SSRI) Mirtazapine (Remeron): 15 to 45mg* Nefazodone (Serzone): 50 to 400mg*
HIV-related depression/ fatigue (with or without MCMD)	Methylphenidate (Ritalin, Metadate, Concerta): 10 to 80mg/day; short-acting q 4 to 6 hours, long-acting (SR) q 8 to 12 hours Dextroamphetamine (Dextrostat, Dexedrine; Dexedrine spansules): 5 to 60mg/day; short-acting q 4 to 6 hours, long-acting (spansules) q 8 to 24 hours Combination amphetamine (Adderall, Adderall XR): 10 to 40mg/day; Adderall q 6 to 8 hours, Adderall XR qd Pemoline (Cylert): 18.5mg to 148mg; dose 1qd or bid ***
Bipolar disorder	Lithium carbonate (Lithobid/Eskalith): 600 to 1800mg, titrated by blood levels (0.6 to 1.0mEq/L) Valproic acid (Depakote): 500 to 2000mg, titrated by blood levels (50 to 100mg/mL) Gabapentin : 600 to 3000mg/bid-qid (start 100mg tid and titrate) Topiramate : 25 to 100 mg/bid-tid (max=400mg qd) Lamotrigine : 25 to 100mg/bid-tid (max=200 qd)
Psychotic symptoms (may be useful for agitation associated with dementia/delirium)	Risperidone (Risperdal): 0.5 to 6mg Olanzapine (Zyprexa): 2.5 to 20mg Quetiapine (Seroquel): 25 to 600mg
Panic attacks and Obsessive-Compulsive Disorder	Imipramine (Tofranil): 25 to 200mg ** Sertraline (Zoloft): 25 to 200mg (SSRI) Paroxetine (Paxil): 10 to 40mg (SSRI) Fluoxetine (Prozac): 10 to 80mg (SSRI) Fluvoxamine (Luvox): 25 to 200mg Lorazepam (Ativan): 0.5 to 6mg in divided doses Clonazepam (Klonopin): .05 to 4mg in divided doses *

Table 10-19: Common Psychiatric Medications (continued)

<p>Anxiety disorders (also PTSD) <i>See also SSRIs above</i></p>	<p>Clonazepam (Klonopin): 1 to 4mg in divided doses* Lorazepam (Ativan): 1 to 6mg in divided doses Buspirone (BusPar): 15 to 45mg in divided doses Venlafaxine (Effexor XR): 37.5 to 225mg</p>
<p>Insomnia</p>	<p>Zolpidem (Ambien): 5 to 10mg Zaleplon (Sonota): 5 to 10mg Temezepam (Restoril): 15 to 30mg Trazadone (Desyrel): 25 to 300mg Lorazepam (Ativan): 0.5 to 2mg at hs Clonazepam (Klonopin): 0.5 to 2mg at hs</p>
<p>Alcohol dependence</p>	<p>Disulfiram (Antabuse): 250 to 500mg</p>
<p>Alcohol withdrawal</p>	<p>Clorazepate (Tranxene): 15 to 40mg q 2 to 6 hours</p>
<p>Opiate dependence</p>	<p>Methadone: 60 to 120+mg qd **</p>
<p>Opiate withdrawal</p>	<p>Methadone: 5 to 20mg in divided doses, tapered by 5mg/day*** Clonidine: 0.3mg in three divided doses; increase to 2 mg/day in divided doses</p>

Abbreviations: SSRI-selective serotonin reuptake inhibitors; PTSD-post-traumatic stress disorder

* Must be used with caution in patients on protease inhibitors.

** Use with caution in later-stage illness.

*** Some anti-HIV medications increase levels of methadone, others decrease (see chart on medication interactions).

**** Concerns about pemoline-induced liver failure necessitate frequent blood tests to evaluate liver function. Should not be used in patients with co-morbid HIV and hepatitis C.

Adapted from Kobayashi J, Psychiatric issues. In Anderson, JR, ed. *Guide to Clinical Care of Women with HIV*, Rockville, Maryland: U.S. Department of Health and Human Services, Health Resources and Services Administration, HIV/AIDS Bureau, 2001.