

HIV101: INITIAL TREATMENT: PREFERRED REGIMENS

NNRTI-Based	# pills/day	PI-Based	# pills/day
Efavirenz* + (lamivudine [3TC] or emtricitabine [FTC]) + (zidovudine [AZT, ZDF] or tenofovir DF [TDF])	2-3	Lopinavir/ritonavir (Kaletra®) + (lamivudine [3TC] or emtricitabine [FTC]) + (zidovudine [AZT, ZDF])	8-9

HIV101: INITIAL TREATMENT: ALTERNATIVE REGIMENS

NNRTI-Based	# pills/day	PI-Based	# pills/day
Efavirenz* + (lamivudine [3TC] or emtricitabine [FTC]) + (abacavir [ABC] or didanosine [ddI] or stavudine [d4T])	2-4	Atazanavir + (lamivudine [3TC] or emtricitabine [FTC]) + (zidovudine [ZDV] or stavudine [d4T] or abacavir [ABC] or didanosine [ddI]) or (tenofovir [TDF] + ritonavir [RTV] 100mg/d)	3-6
Nevirapine** + (lamivudine [3TC] or emtricitabine [FTC]) + (zidovudine [ZDV] or stavudine [d4T] or didanosine [ddI] or abacavir [ABC] or tenofovir [TDF])	3-6	Lopinavir/ritonavir (Kaletra) + (lamivudine [3TC] or emtricitabine [FTC]) + (stavudine [d4T] or abacavir [ABC] or tenofovir [TDF] or didanosine [ddI])	7-10
		Fosamprenavir or fosamprenavir/ritonavir or indinavir/ritonavir or nelfinavir or saquinavir (hard- or soft-gel capsule)/ritonavir + (lamivudine [3TC] or emtricitabine [FTC]) + (zidovudine [ZDV] or stavudine [d4T] or abacavir [ABC] or tenofovir [TDF] or didanosine [ddI])	5-15
NRTI-Based	# pills/day		
Abacavir [ABC] + lamivudine [3TC] + zidovudine [ZDV]^	2		

*Avoid in pregnant women and women with high pregnancy potential.

**Because of higher rates of hepatotoxicity, nevirapine should not be initiated in women with pre-nevirapine CD4-T cell counts less than 250 cells/mm³ or men with CD4-T cell counts less than 400 cells/mm³, unless the benefit clearly outweighs the risk.

^To be used only when a preferred or alternative NNRTI- or PI-based regimen cannot or should not be used as first-line therapy.

Tables adapted from DHHS. Guidelines for the use of antiretroviral agents in HIV-1-infected adults and adolescents. October 6, 2005. Last accessed November 16, 2005 from http://aidsinfo.nih.gov/guidelines/default_db2.asp?id=50

There is a New Form of Kaletra

How Kaletra looks will change and so will the number of pills.
If you were taking 6 red-orange capsules each day you will now take 4 gold tablets each day.

