

A SIECUS Annotated Bibliography

Sexual relationships should be consensual between partners who are developmentally, physically, and emotionally capable of understanding the interaction. Coerced and exploitative sexual acts and behaviors such as rape, incest, sexual relations between adults and children, sexual abuse, and sexual harassment are always reprehensible. There should be information and education programs to prevent such acts, laws to punish those who perpetrate such acts, treatment programs to help survivors and offenders, and research to increase understanding of the causes and effects of sexual exploitation.

This annotated bibliography presents a cross section of available resources on sexual abuse. Readers are encouraged to seek additional resources in bookstores and libraries as well as by contacting the organizations listed at the end of this bibliography. In addition, readers can refer to the SIECUS bibliography *Child Sexual Abuse: Prevention, Education, and Treatment* (1995) on our Web site.

All of the books listed in this bibliography are available for use at the Mary S. Calderone Library. For those interested in purchasing any of the resource materials, each annotation contains contact and price information (not including shipping and handling). SIECUS sells and distributes only its own materials.

Copies of this bibliography are available at no charge on the SIECUS Web site and for purchase from the SIECUS Publications Department for \$3 each. SIECUS' address is 130 West 42nd Street, Suite 350, New York, NY 10036-7802. Phone: 212/819-9770. Fax: 212/819-9776. E-mail: siecus@siecus.org. Web site: <http://www.siecus.org>.

This bibliography was compiled by Amy Levine, M.A., SIECUS librarian; Darlene Torres, library assistant; and Dr. Mathieu Heemelaar.

GENERAL RESOURCES

Because There Is a Way to Prevent Child Sexual Abuse: Facts about Abuse and Those That Might Commit It

Joan Tabachnick, Editor

This booklet includes such topics as "Why Do We Need to Know About Sexual Abusers?," "What Exactly Is Child Sexual Abuse?," "What Can You Do?," "Community Notification and You," "Checklists: Warning Signs About Child Sexual Abuse." National resources are also included.

1998; \$0.50; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

The Last Secret: Daughters Sexually Abused by Mothers

Bobbie Rosencrans, M.S.W.

This book presents data from 93 women who were sexually abused by their mothers and comparative data from a small sample of men who were abused by their mothers. Topics include "The Research: Concepts,

Assumptions, and Procedure," "The Survivors and Their Families," "Unspeakable Acts: The Nature of the Abuse," "The Effects of Sexual Abuse by Mothers," "Daughter's Response to the Abuse," and "Confrontation, Resolution, and Separation."

1997; \$20; ISBN 1884444369; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

A Mother's Nightmare—Incest: A Practical Legal Guide for Parents and Professionals

John E. B. Myers

This book provides information about incest for parents of children who have been abused as well as for the professionals who work with them. Topics include "Essential Information About Child Sexual Abuse," "A Mother's Allies: The Legal System, A Good Lawyer, Mental Health Professionals," "Detailed Discussion of the Criminal Justice System, Family Court, Child Protective Services, and Juvenile Court," "Proving Child Sexual Abuse in Court: Overcoming Obstacles and Protecting Your Child," and "Summing It All Up: Plan for Victory, Prepare for Defeat."

This book is dedicated to protective parents. 1997; \$31; ISBN 0761910581; *SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>*

Rape of the Innocent: Understanding and Preventing Child Sexual Abuse

Juliann Whetsell-Mitchell, Ph.D.

This book is intended for anyone interested in child sexual abuse prevention. It provides research, information about child development, and guidelines that address prevention. Chapters include "Indicators of Child Sexual Abuse: Children At Risk," "Sexual Abuser Profiles," "The Hows and Whys of Victimization," "Development of the Child: Origins of the Self," "Prevention Programs for Preschoolers, Primary Graders, and Adolescents," "Child Sexual Abuse and Pornography," "Minority Children," and "Children with Special Needs."

1995; \$36.95; ISBN 1560323949; *Taylor & Francis, 7625 Empire Drive, Florence, KY 41042; Phone: 800/821-8312; Fax: 800/248-4724; Web site: <http://www.taylorandfrancis.com>*

**Sexual Abuse in America:
Epidemic of the 21st Century**

*Robert E. Freeman-Longo
and Gerald T. Blanchard*

This book addresses the problem of sexual abuse as a public-health epidemic and offers guidelines that can help Americans prevent child sexual abuse from recurring. Chapters include "Understanding Sexual Abuse and the Abusers," "The Politics of Sexual Abuse Prevention," "Experiencing and Overcoming Sexual Abuse," and "Current Strategies for Sexual Abuse Prevention." 1998; \$20; ISBN 1884444458; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

**Sexual Abuse of Children
and Adolescents: A Preventive
Guide for Parents, Teachers
and Counselors**

William E. Prendergast, Ph.D.

This book is intended for parents, teachers, and counselors to help them prevent sexual abuse of children and adolescents. It includes information about the victimizer, the needs and reasoning of children and adolescents, and the mistakes that parents, teachers, religious leaders, and counselors make. It also includes a parent's checklist, a glossary, and an index. 1996; \$29.95; ISBN 0826408923; *Publisher Resources, Inc., 1224 Heil Quaker Boulevard, LaVergne, TN 37086; Phone: 800/937-5557; Fax: 800/774-6733; Web site: <http://www.continuum-books.com>*

**Understanding Child
Molesters: Taking Charge**

Eric Leberg

This book, written both for professionals and nonprofessionals, serves as a guide to protect children from molestation and includes information on the criminal justice system, criminal history records, and legal and ethical means of obtaining information about offenders.

1997; \$31; ISBN 0761901876; *SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805-499-0871; Web site: <http://www.sagepub.com>*

**RESOURCES
FOR PROFESSIONALS**

**Art Therapy with
Sexual Abuse Survivors**

Stephanie L. Brooke

This book discusses art therapy as part of treatment for individuals who have suffered trauma as a result of sexual exploitation or abuse. It includes an art therapy assessment, graphic indicators of abuse, traumatic memories, and legal issues. 1997; \$26.95; ISBN 0398068062; *Charles C. Thomas Publishers, Ltd., P.O. Box 19265, Springfield, IL 62794; Phone: 800/258-8980; Fax: 217/789-9130; Web site: <http://www.ccthomas.com>*

**Assessing Sexual Abuse: A
Resource Guide for Practitioners**

*Robert Prentky
and Stacey Bird Edmunds*

This guide is a compilation of psychometric instruments that practitioners can use to assess sexual offenders as well as those who have been abused. Categories include "General Assessment of Personality and Psychiatric Symptoms in Adolescents and Adults," "General Psychological and Behavioral Assessment in Children and Adolescents," "Assessing Traumatization in Children, Adolescents, and Adults," "Assessing Distorted Attitudes About Women, Children, and Sexuality," and "Assessing Normal and Paraphilic Sexual Fantasies and Behaviors." Each instrument includes a description, author's biography, and other relevant information. 1997; \$25; ISBN 1884444415; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

**Betrayed As Boys:
Psychodynamic Treatment
of Sexually Abused Men**

Richard B. Gartner

This book studies the impact of childhood sexual abuse on adult males. It provides strategies to help therapists meet the needs of their clients. Chapters include "The Familial and Cultural Context of Abuse," "The Effect of Chronic Boundary Violations," and "The Patient-Therapist Dyad." 1999; \$42; ISBN 1572304677; *The Guilford Press, 72 Spring Street, New York, NY 10012; Phone: 212/431-9800; Fax: 212/966-6708; Web site: <http://www.guilford.com>*

**Breaking the Silence: Group
Therapy for Childhood Sexual
Abuse: A Practitioner's Manual**

Judith A. Margolin

This book presents a 15-session psycho-educational group therapy program for adult survivors of sexual abuse. Key therapy issues include trust, sexuality and disclosure, family dynamics, emotional expression, male survivors, transference, and countertransference. 1999; \$49.95; ISBN 0789002000; *The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>*

**Childhood Abuse: Effects
on Clinicians' Personal
and Professional Lives**

Helene Jackson and Ronald Nuttall

This book identifies how gender, age, discipline, individual core belief systems, and case factors can affect a person's perception of sexual abuse allegations. It includes a survey designed to heighten a reader's awareness of his or her potential for bias toward sex offenders. 1997; \$37; ISBN 080394781; *SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>*

**Cultural Diversity
in Sexual Abuser Treatment:
Issues and Approaches**

Alvin D. Lewis

This book includes discussions by 18 professionals about their experiences treating culturally diverse populations and about the importance of cultural awareness in the treatment process. Topics include "Working with Culturally Diverse Populations," "A Perspective on Sex Offender Treatment for Native Americans," "Sexual Offending Behavior in the African-American Family," "Intervention with Hispanic Sexual Abusers," and "Assessment and Treatment of Spanish-Speaking Sexual Abusers: Special Considerations."
1999; \$22; ISBN 1884444490; *The Safer Society Press, P. O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

**Female Sexual Abusers:
Three Views**

*Patricia A. Davin, Julia C.R. Hislop,
and Teresa Dunbar*

This book is one of the few resources that provides information on female sexual offenders and the reasons they abuse. Each author addresses one of the three parts of the book: "Secrets Revealed: A Study of Female Sex Offenders," "Female Child Molesters," and "Women Who Sexually Molest Female Children."
1999; \$22; ISBN 1884444547; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

**From Victims to Survivors:
Reclaimed Voices of
Women Sexually Abused
in Childhood by Females**

Juliann Mitchell, Ph.D., and Jill Morse

This book interweaves narrative, research, and theory. In the process, it tells the story of 80 female survivors of sexual abuse in an

effort to raise awareness among professionals treating women who were sexually abused by female perpetrators. Chapters include "Abusers and Survivors," "Survivor's Sexuality and Identity Development," and "Female Perpetrators."

1998; \$26.95; ISBN 1560325704; *Taylor & Francis, 7625 Empire Drive, Florence, KY 41042; Phone: 800/821-8312; Fax: 800/248-4724; Web site: <http://www.taylorandfrancis.com>*

**Healing for Adult Survivors
of Childhood Sexual Abuse:
A Twelve Session
Group Treatment
Program**

Bonnie Collins, Ed.M., and Kathryn Marsh

This is a therapist's manual for a 12-session group therapy program that treats clients whose problems stem from the sexual abuse they experienced as children. The manual addresses issues of social isolation, intimacy, and mistrust. It includes sessions on breaking the silence of sexual abuse, understanding and releasing the shame of sexual abuse, expressing repressed feelings, and confronting the abuser.

1998; \$24.95, \$9.95/reproducible worksheet; ISBN 1570251657; *Whole Person Associates, 210 West Michigan, Duluth, MN 55802; Phone: 218/727-0500; Fax: 218/727-0505; Web site: <http://www.wholeperson.com>*

**I Never Told Anyone This
Before: Managing the Initial
Disclosure of Sexual Abuse
Recollections**

Janice A. Gasker

This book is designed to help professionals work with clients who disclose recollections of sexual abuse. It addresses theoretical and disclosure issues as well as clinical techniques.
1999; \$24.95; ISBN 0789004623; *The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>*

**Impact: Working
with Sexual Abusers**

Stacey Bird Edmunds, Editor

This book provides data and testimony on the effects that working with sexual offenders has on providers. Chapters include "The Personal Impact of Working with Sex Offenders," "Personal and Interpersonal Issues for Staff Working With Sexually Abusive Youth," "Impact on Clinicians: Stressors and Providers of Sex-Offender Treatment," and "Increasing Efficacy and Eliminating Burnout In Sex-Offender Treatment."

1997; \$20; ISBN 1884444423; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

**Juvenile Sexual Offending:
Causes, Consequences,
and Correction**

Gail Ryan and Sandy Lane, Editors

This book, which is for clinicians and graduate students, provides an in-depth look at assessment and treatment issues related to juvenile sexual abusers. Topics include "The Problem of Juvenile Sexual Offending," "Theoretical Perspectives," "Consequences of Sexual Abuse," "Intervention in Juvenile Sexual Offending," "Treatment of Sexually Abusive Youth," "Prevention," and "Working with Sexual Abuse."

1997; \$43.95; ISBN 0787-08436; *Jossey-Bass Publisher, Inc., 350 Sansome Street, Fifth Floor, San Francisco, CA 94104; Phone: 800/956-7739; Fax: 800/605-2665; Web site: <http://www.JosseyBass.com>*

**The Memory Go Round of
Sexual Abuse: Identifying
and Treating Survivors**

William E. Prendergast, Ph.D.

This book is a guide for professionals to help them identify and treat perpetrators and victims of sexual abuse. It also discusses treatment techniques and illustrates them with pertinent case studies. Chapters

include "Distinguishing Characteristics of Survivors of Sexual Abuse," "The Offender," "Behavioral Effects of Sexual Trauma," "Pre-Treatment Considerations," and "Specialized Treatment Techniques in Incest and Long-Term Child Sexual Abuse."

1993; \$24.95; ISBN 1560243880; The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

Recollections of Sexual Abuse, Treatment Principles, and Guidelines

Christine A. Courtois

This book provides clinicians with information about the controversy surrounding delayed or repressed memories of sexual abuse. It also includes treatment principles and guidelines for working with these issues. Topics include "An Overview of the Recovered Memory/False Memory Controversy," "Child Sexual Abuse and Memory," "Evolving Standards of Practice and the Standard of Care: Philosophy and Principles of Practice," and "Clinical Guidelines and Risk Management for Working with Memory Issues."

1999; \$45; ISBN 0393702812; W.W. Norton & Company, National Book Company, 800 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/233-4830; Fax: 800/458-6515; Web site: <http://www.wwnorton.com>

Sexually Aggressive Children: Coming to Understand Them

Sharon K. Araji

This book provides a comprehensive overview of sexual abuse perpetrated by children 12 years of age and younger. The author explores the familial, extrafamilial, and situational factors that can contribute to various types of sexual abuse by young children. Topics include "Distinguishing Normal From Sexually Abusive and Aggressive Behaviors," "Motives for Acting Sexually Aggressive," "How Laws View Children," and "Abused and Sexually Aggressive Children."

1997; \$32; ISBN 0803951760; SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>

Sibling Abuse Trauma: Assessment and Intervention Strategies for Children, Families, and Adults

John V. Caffaro and Allison Conn-Caffaro

This book provides information on abuse of siblings by siblings. It describes the context in which abuse takes place as well as subsequent assessment and intervention with children, families, and adult survivors. Topics include "The Context of Sibling Development and Abuse," "Sibling Incest and Assault," and "Assessment and Intervention with Children, Families, and Adult Survivors." Appendixes offer interview protocols and questionnaires.

1998; \$69.95; ISBN 0789060078; The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

Supervision of the Sex Offender

Georgia Cumming and Maureen Buell

This book describes techniques and methods that will help professionals determine the best treatment for their sexual abuser clients. Chapters include "Pre-Sentence—Investigation Report," "Relapse Prevention As a Supervision Strategy," "Confidentiality and Public Discourse," "Theories of Sexual Deviance," and "Sex Offender Treatment."

1997; \$25; ISBN 1884444407; The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>

Therapist's Guide for Maintaining Change: Relapse Prevention for Adult Male Perpetrators of Child Sexual Abuse

Hillary Eldridge

This guide is designed for therapists using a three-phase program for sex offenders titled *Maintaining Change: Relapse Prevention*. It provides guidelines, suggestions, and exercise descriptions to use in each phase. The therapy program is for offenders assessed as having repetitive abuse patterns. The guide is designed for use with the program manual.

1998; \$69/guide and manual; ISBN 0761911308/guide; ISBN 0761911065/manual; SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>

Transforming the Pain: A Workbook on Vicarious Traumatization

Karen W. Saakvitne, Ph.D., and Laurie Anne Pearlman, Ph.D.

This workbook discusses vicarious traumatization (VT), the effect that working with survivors of traumatic events has on the lives of professionals. It includes a self-assessment, worksheets, guidelines, and exercises for those who are experiencing such traumatization as a result of their work.

1996; \$17; ISBN 0393702332; W.W. Norton and Company, National Book Company, 800 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/233-4830; Fax: 800/458-6515; Web site: <http://www.wwnorton.com>

Transforming Trauma: A Guide to Understanding and Treating Adult Survivors of Child Sexual Abuse

Anna C. Salter

This book addresses the problems of adult survivors of child sexual abuse. Chapters include "How Do We Know About Sexual Offenders and What Does It Mean?," "Sadistic Versus Nonsadistic Offenders and Their Effects on Victims," and "Links Between Offenders and Victims."

1995; \$69; ISBN 0803955081; SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>

Treating Children with Sexually Abusive Behavior Problems: Guidelines for Child and Parent Intervention

Jan Ellen Burton, Ph.D.,
and Lucinda A. Rasmussen, Ph.D.,
with Julie Bradshaw,
Barbara J. Christopherson,
and Steven C. Huke, M.S.

This book for professionals presents an integrated treatment approach that focuses on children who display harmful sexual behavior. Chapters include "Sexually Abusive Behavior Problems: Definitions and Current Knowledge," "A Treatment Approach," "Integrated Treatment Planning," "Parallel Group Treatment," and "Treatment Exercises."

1998; \$24.95; ISBN 0789004739; The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

Treating Sexually Abused Boys: A Practical Guide for Therapists & Counselors

Lisa Camino

This book, which focuses on treating sexually abused boys between seven and 17 years of age, offers options for both individual and group therapy. It contains 50 activities designed to help these abused boys regain a sense of power as they overcome feelings of helplessness, fear, and vulnerability. 2000; \$34.95; ISBN 0787947938; Jossey-Bass Publishing, Inc., 350 Sansome Street, Fifth Floor, San Francisco, CA 94104; Phone: 800/956-7739; Fax: 800/605-2665; Web site: www.JosseyBass.com

Women Survivors of Childhood Sexual Abuse: Healing through Group Work: Beyond Survival

Judy Chew, Ph.D.

This book is a guide for professionals who work with sexually abused women. It offers practical approaches to conduct a 13-session group that will address such subjects as "Boundaries: The Lines Between Self and Others," "Building Strength: Cultivating Resourcefulness," "Relationships and Trust: For the Health of It," and "Celebration of Life: Cultivating a Future and Closing Ritual."

1998; \$18.95; ISBN 0789002841; The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

Working with Sexually Abusive Adolescents

Masud S. Hoghugh, Surya R. Bhate,
and Finlay Graham, Editors

This book provides an overview of the key factors involved in working with adolescent sex offenders. Chapters include "Sexual Abuse by Adolescents," "Cognitive-Based Practice with Sexually Abused Adolescents," "Relapse Prevention," and "Professional Reports on Abusive Adolescents."

1997; \$26.50; ISBN 080397759; SAGE Publications, 2455 Teller Road, Thousand Oaks, CA 91320; Phone: 805/499-0721; Fax: 805/499-0871; Web site: <http://www.sagepub.com>

rienced the trauma of child sexual abuse, it specifically addresses how they learned to cope with the aftermath of the abuse. Topics include "Why Me?," "Buried Feelings," "Silent Ways of Telling," and "Why Didn't I Tell?"

1993; \$12.95; ISBN 1555610579; Fisher Books, 5225 West Massingale, Tucson, AZ 85743; Phone: 800/225-1514; Fax: 800/324-3791; Web site: <http://www.fisherbooks.com>

The Sexual Healing Journey

Wendy Maltz

This book is a guide to help sexual abuse victims overcome the negative impact on their sexuality by such abuse. Filled with first-person accounts of men and women at every stage of sexual healing, it offers exercises and techniques for survivors as well as their partners. A revised edition is scheduled for publication in early 2001.

1992; \$14; ISBN 0060921552; Harper Collins, 1000 Keystone Industrial Park, Scranton, PA 18512; Phone: 800/242-7737; Fax: 212/822-4090; Web site: <http://www.harpercollins.com>

The Survivor's Guide to Sex: How to Have An Empowered Sex Life after Child Sexual Abuse

Staci Haines

This guide for female sexual abuse survivors offers sex-positive tips to help them build fulfilling sexual lives. The author provides practical exercises, a bibliography, and resources. Male survivors will also find the tools and resources helpful in their recovery.

1999; \$21.95; ISBN 157344795; Cleis Press, P.O. Box 14684, San Francisco CA 94114; Phone: 800/780-2279; Fax: 415/575-4705; Web site: <http://www.cleispress.com>

RESOURCES FOR SURVIVORS

Breaking Free: A Self-Help Guide for Adults Who Were Sexually Abused As Children

Carolyn Ainscough and Kay Toon

This book offers techniques for dealing with and overcoming the effects of child sexual abuse. Told by adults who have expe-

**Triumph Over Darkness:
Understanding
and Healing the
Trauma of Childhood
Sexual Abuse**

Wendy Ann Wood, M.A.

This book is a collection of prose written by male and female sexual abuse survivors. It provides therapeutic insights on incest, rape, abuse, and the recovery process. Chapters include "Seeing the Darkness Before the Light," "Moving Beyond the Darkness," "Voices of Ritual Abuse Survivors," "Voices of Male Survivors," "Voices of Multiplicity," and "The Healing Process." 1993; \$12.95; ISBN 0941831868; *Beyond Words Publishing, Inc., 20827 N.W. Cornell Road, Suite 500, Hillsboro, OR 97124; Phone: 800/284-9673; Fax: 503/531-8773; Web site: <http://www.beyondwords.com>*

**RESOURCES
FOR CHILDREN**

Annie and Andy

Rape and Abuse Crisis Center
of Fargo-Moorehead (ND)

These two booklets—*Annie* and *Andy*—are designed to encourage children four to eight years of age to explore their feelings about confusing touch. Each tells the story of a child who is afraid to tell anyone that he or she was touched in an inappropriate way. Both children eventually decide to tell someone. 1992; \$2.50 each; ISBN 0914633031/*Annie*; ISBN 0914633198/*Andy*; *Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P.O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>*

**Back on Track: Boys Dealing
with Sexual Abuse**

Leslie Bailey Wright and Mindy Loiselle

This book for boys 10 years of age and older is designed to help them recognize

their feelings, deal with their fears, and heal from sexual abuse. Exercises and blank pages are provided for creative expression. Chapters include "So Where Do I Start," "Why Most Kids Don't Tell (And What Happens When They Do)," "What If It Didn't Feel Like Abuse," "Sorting Out Feelings," and "Staying on Track." 1997; \$14; ISBN 1884444431; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.saferociety.org>*

**Bobbie's Story: A Guide for
Foster Parents and Bobbie's
Story: A Feelings Workbook**

Brennan Lynn Mars
with illustrations by D.H. Tsai

This guide provides adults with information to help them talk to their children about sexual abuse. The accompanying workbook provides space for children to express their feelings through writing and drawing exercises. Targeted to children five to 10 years of age, both the guide and the workbook tell the story of a sexually abused boy who goes to live with foster parents. 1999; \$8.95; *A Guide for Foster Parents, ISBN 0878687017; \$5.95, A Feelings Workbook, ISBN 0878687351; CWLA, P.O. Box 2019, Annapolis Junction, MD 20701-2019; Phone: 800/407-6273; Fax: 301/206-9789; Web site: <http://www.cwlapmds.com>*

**Feeling Good Again:
A Workbook for Children Who
Have Been Sexually Abused**

Burt Wasserman

This workbook is intended to help therapists and parents teach sexually abused children six to 12 years of age about healthy sexuality. It is also helpful for sexually abused teenagers and adults. *A Guide for Parents & Therapists of Sexually Abused Children* is also available to use in conjunction with the workbook. 1998; \$16/workbook, \$8/guide; ISBN 1884444512/workbook, ISBN 1884444520/guide; *The Safer Society Press, P.O. Box 340,*

Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.saferociety.org>

**My Body Is Mine, My Feelings
Are Mine: A Storybook About
Body Safety for Young Children**

Susan Hoke

This storybook introduces the basic concept of body safety to children through the use of dialogue and illustrations. It includes a "Body Rules Safety Quiz" as well as an adult guidebook for parents, caretakers, counselors, relatives, clergy, and educators. 1995; \$18.95; ISBN 1882732243; *Childwork/Childplay, 135 DuPont Street, P. O. Box 760, Plainview, NY 11803-0760; Phone: 800/962-1141; Fax: 800/262-1886; Web site: <http://www.childwork.com>*

**Shining Through: Pulling It
Together after Sexual Abuse**

Mindy Loiselle and Leslie Bailey Wright

This book is intended to help young women 10 years of age and older heal from sexual abuse. Chapters include "Something Happened," "Why You Told (And Sometimes Regret It)," "What About the Rest of My Life: Relationships," and "What You Need to Heal." Blank pages are provided for creative expression. This book is also helpful for boys. 1997; \$14; ISBN 1884444393; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.saferociety.org>*

**STOP! Just for Kids:
For Kids with Sexual Touching
Problems, By Kids with
Sexual Touching Problems**

Adapted by Terri Allred, M.T.S.,
and Gary Burns, M.S.

This book is based on a resource written by a group of boys 10 to 13 years of age in a residential treatment program for young sexual offenders. It can be used as a tool for therapists to use with their young male and female clients who have abused. Chapters include

“The First Big Step: Honesty!,” “What Happened to Us and What We Did,” “Sexual Touching Problems,” “Sexual Offense Cycle,” and “Making Good Choices.”

1997; \$15; ISBN 1884444377; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

Tell It Like It Is: A Resource Guide for Youth in Treatment

Alice Tallmadge with Gayle Forster

This resource is for adolescent sex offenders entering or continuing a treatment program. Using quotes from interviews with other adolescent offenders, it consists of 13 sections with questions at the end of each chapter. Topics include treatment, feelings, the abuse cycle, fantasies, and victims.

1998; \$15; ISBN 1884444466; *The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.safersociety.org>*

CURRICULA

Child Sexual Abuse: A Solution

This curriculum, which is intended for kindergarten through sixth grade, uses the story of the cartoon character Chester the Cat and his human friends to teach about touching. It consists of six videos—one for kindergarten through first grade, one for grades two through four, one for grades five and six, one for parents, and two for teachers. 1985; \$249; *The James Stanfield Publishing Co., Inc., P.O. Box 41058, Santa Barbara, CA 93140; Phone: 800/421-6534; Fax: 805/897-1187; Web site: <http://www.stanfield.com>*

Child Sexual Abuse Curriculum for the Developmentally Disabled

*Sol R. Rappaport, Sandra A. Burkhardt,
and Anthony F. Rotatori*

This curriculum is divided into five parts: “Understanding Child Sexual Abuse of the Developmentally Disabled,” “The Treatment of Sexually Abused Children,” “Sexual Abuse: The Emotional and Behavioral Sequelae,” “Factors That Mediate the Sequelae of Child Sexual Abuse,” and “The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities.” The last chapter includes 10 lessons on sexuality and sexual abuse prevention for children who are in the mild range of mental retardation. An appendix is included, which parents and caregivers can review with children.

1997; \$32.95; ISBN 0398067341; *Charles C. Thomas Publishers, Ltd., P.O. Box 19265, Springfield, IL 62794; Phone: 800/258-8980; Fax: 217/789-9130; Web site: www.ccthomas.com*

Circles II Stop Abuse

*Marilyn P. Champagne, R.N.,
and Leslie Walker-Hirsch, M.Ed.*

This curriculum is for people with mild to moderate developmental disabilities. It consists of two videos with 12 stories that teach students how to avoid exploitative situations. Part I, titled “Recognizing and Reacting to Sexual Exploitation,” encourages student assertiveness and teaches students how to recognize and react to sexual exploitation. Part II, titled “Learning Appropriate Protective Behaviors,” discusses the potential for sexual abuse from acquaintances and strangers, and teaches students how to deal with unwanted advances. A teacher’s guide is included.

1986; \$399; *The James Stanfield Publishing Co., Inc., P.O. Box 41058, Santa Barbara, CA 93140; Phone: 800/421-6534; Fax: 805/897-1187; Web site: <http://www.stanfield.com>*

LifeFacts 2 Sexual Abuse Prevention

This curriculum, which includes 17 lessons for adolescents and adults with mild-to-moderate developmental disabilities, teaches sexual abuse recognition, prevention, and protection strategies. The package provides pictures, worksheets, and slides.

1990; \$199; *The James Stanfield Publishing Co., Inc., P.O. Box 41058, Santa Barbara, CA 93140; Phone: 800/421-6534; Fax: 805/897-1187; Web site: <http://www.stanfield.com>*

“No-Go-Tell” Protection Curriculum for Young Children with Special Needs

The James Stanfield Publishing Company

This curriculum, which is designed for children in preschool and the early elementary grades, focuses on teaching assertiveness skills and encouraging communication with caring adults. The curriculum includes 55 picture panels, male and female anatomically correct dolls, poster cards, a parent’s and teacher’s guide, and a postinstruction assessment test. The curriculum is intended to be used alone or with an existing safety program.

1991; \$299 without dolls, \$399 with dolls; *James Stanfield Publishing Co., P.O. Box 41058, Santa Barbara, CA 93140; Phone: 800/421-6534; Fax: 805/897-1187; Web site: <http://www.stanfield.com>*

Preventing Child Sexual Abuse Ages 5–8,

*Kathryn Goering Reid
Ages 9-12,*

Kathryn Goering Reid with Marie M. Fortune

These two curricula provide information about child sexual abuse prevention in the context of a Christian education program. The curriculum for children five through eight years of age consists of 10 sessions; the curriculum for children nine through 12 years of age consists of 13 sessions. 1994; Ages 5-8: \$11.95; 1989; Ages 9-12: \$9.95; *Pilgrim Press, 230 Sheldon Road, Berea,*

OH 44017; Phone: 800/537-3394; Fax: 216/736-2206; Web site: <http://www.ucc.org>

**Preventing Sexual Abuse:
Activities and Strategies
for Those Working with
Children and Adolescents**

Carol A. Plummer

This sexual abuse-prevention curriculum is divided into two sections. The first is a three- or five-day presentation for grades K through six, which is also adaptable for the developmentally disabled. The second is a one-, three-, or five-day presentation for grades seven through 12. The curriculum also provides information about involving parents and making the program work. Also included are guidelines for instructors and an appendix.
1997; \$23.95; ISBN 1556911149; Learning Publications, Inc., P.O. Box 1338, Holmes Beach, FL 34218; Phone: 800/222-1525; Fax: 941/778-6818; Web site: <http://www.learningpublications.com>

**Red Flag Green Flag ABCs:
Personal Safety for
Pre-Kindergarten Age Children**

*Rape and Abuse Crisis Center
of Fargo-Moorehead (ND)*

This curriculum, which is for children three to five years of age, uses the letters of the alphabet to teach them about "OK" and "Not OK" touches as well as "permission," "stranger danger," "secret touches," and general safety rules. The curriculum also teaches children to recognize who can help them and to know where they can go for help when they feel threatened. Materials are also available in Spanish.
1997; \$14.95, *facilitator's guide*; ISBN 0914633317; 1997; \$3.25, *coloring book*; ISBN 0914633236; 1997; \$29.95, *video and video guide*; Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P. O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>

**Red Flag Green
Flag People:
A Personal Safety
Program: Materials for Early
Elementary Age Children**

*Rape and Abuse Crisis Center
of Fargo-Moorehead (ND)*

This curriculum, which is for children five to eight years of age, is designed to teach them about different kinds of touch, how to recognize potentially harmful situations, and how to use assertive responses. Instructors can implement the curriculum in three one-hour periods. The workbook is also available in Spanish.
2000; \$10.95, *facilitator's guide*; ISBN 0914633120; 1995; \$3.25, *workbook*; ISBN 0914633104; 1996; \$1, *parent's guide*; ISBN 0914633244; 1996; \$4.95, *pre-test and post-test*; Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P. O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>

**Red Flag Green
Flag People II:
A Sexual Abuse Prevention
Program: Materials for Older
Elementary Age Children**

*Rape and Abuse Crisis Center
of Fargo-Moorehead (ND)*

This curriculum, which is for children eight to 11 years of age, is designed to teach these children how to recognize abusive situations involving people they know and to tell a trusted adult who will listen. Instructors can implement the curriculum in two 45- to 60-minute sessions.
1994; \$14.95, *facilitator's guide*; ISBN 091463321X; 1994; \$3.25, *workbook*; ISBN 0914633201; Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P. O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>

**Reducing Vulnerability:
Child Sexual Abuse,
Harassment, and
Abduction Prevention
Curriculum for Grades K-6**

Marjorie Fink, C.S.W.

This curriculum, which is for grades K through six, is organized into three units: "Child Sexual Abuse Prevention," "Teasing, Bullying, and Sexual Harassment Prevention," and "Child Abduction Prevention." This curriculum is designed to empower children with knowledge and skills to help them stop or avoid abuse. It is also designed to encourage children to turn to a trusted adult for help.
1998; \$24.98; ISBN 1556911246; Learning Publications, Inc., P.O. Box 1338, Holmes Beach, FL 34218; Phone: 800/222-1525; Fax: 941/778-6818; Web site: <http://www.learningpublications.com>

**Risking Connection:
A Training Curriculum
for Working with Survivors
of Childhood Abuse**

*Karen W. Saakvitne, Ph.D., Sarah Gamble,
Ph.D., Laurie Anne Pearlman, Ph.D.,
and Beth Tabor Lev, Ph.D.*

This curriculum is for professionals and para-professionals who work with sexual abuse survivors. It offers a theoretical framework to guide those who treat trauma and abuse survivors. It also describes specific intervention techniques to use with clients and discusses the needs of trauma workers. The curriculum consists of five modules: "Understanding Trauma," "Using Connections," "Keeping a Trauma Framework," "Working with Dissociation," "Vicarious Traumatization." Each module is appropriate for either a half- or full-day training.
2000; \$75; ISBN 188696808X; Sidran Traumatic Stress Foundation, 200 East Joppa Road, Suite 207, Baltimore, MD 21286; Phone: 888/825-8249; Fax: 410/337-0747; Web site: <http://www.sidran.org>

Sexual Abuse Prevention: A Course of Study for Teenagers— Revised and Updated

Rebecca Voelkel-Haugen and Marie M. Fortune

This six-session curriculum is designed to help teens distinguish between healthy sexuality and sexual abuse. Topics include sexual harassment, dating violence (including date rape), incest, sexually explicit materials, and abusive images found in popular media. The subjects are framed in terms of theology and ethics.

1996; \$8.95; Pilgrim Press, 230 Sheldon Road, Berea, OH 44017; Phone: 800/537-3394; Fax: 216/736-2206; Web site: <http://www.ucc.org>

Sexual, Physical, and Emotional Abuse in Out-of-Home Care: Prevention Skills for At-Risk Children

Toni Cavanagh Johnson, Ph.D., and Associates

This curriculum, which is intended for use in group, foster, and residential treatment settings, addresses sexually, physically, or emotionally offensive behaviors among children or between caregivers and children. It consists of 20 exercises covering such subjects as “Exploring Communication,” “Exploring Touch,” “Differentiating between Sexual Play and Sexual Abuse,” “Personal Space,” “Sexual Knowledge,” and “Prevention of Sexual Misuse or Abuse.”

1997; \$24.95; ISBN 0789001934; The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>

T is for Touching: Abuse Prevention Program for Kindergarten Age Children

Rape and Abuse Crisis Center of Fargo-Moorehead (ND)

This video is designed to teach abuse-prevention skills to groups of children five to six years of age. It consists of three six-

minute vignettes: “T is for Touching,” “H is for Helping,” and “P is for Prevention.” It teaches children to recognize appropriate and inappropriate touch; to say “no” to, and “get away” from abusive situations; and to identify and then “tell a helper.” A facilitator’s guide is enclosed.

1995; \$79.99; Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P.O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>

Talking About Touching: A Personal Safety Curriculum, Grades 1–3

Ruth Harris, Ed.D., Diane Davis, M.A., and Andrea Mackey, Ed.M.

This curriculum, which is based on social-learning theory, consists of 14 lessons for first graders, 14 lessons for second graders, and 12 lessons for third graders. All units discuss personal safety, touching safety, and assertiveness and support. The curriculum consists of a teacher’s guide and lesson cards with photos to illustrate concepts. Also included are a book and audio cassette titled *Sam’s Story*, a poster, a resource that tells how Sam learned the “touching rule,” and a video titled *Willy Learns the Touching Rule*, and a video for parents titled *What Do I Say Now? How to Keep Your Child from Sexual Abuse*.

1996; \$195; Committee for Children, 2203 Airport Way South, Suite 500, Seattle, WA 98134-2035; Phone: 800/634-4449; Fax: 206/343-1445

Talking About Touching: Personal Safety for Preschoolers and Kindergartners

Ruth Harms, Ed.D.

This curriculum, based on social-learning theory consists of 14 lessons that teach children general safety. It specifically focuses on self-protection skills to reduce children’s vulnerability to sexual abuse. The curriculum consists of a teacher’s guide and

lesson cards with photos to illustrate concepts. Also included are a book and audio cassette titled *Sam’s Story*, a poster, a resource that tells how Sam learned the “touching rule,” and a video titled *Willy Learns the Touching Rule* and a video for parents titled *What Do I Say Now? How to Keep Your Child from Sexual Abuse*.

1996; \$250; Committee for Children, 2203 Airport Way South, Suite 500, Seattle, WA 98134-2035; Phone: 800/634-4449; Fax: 206/343-1445

When Children Abuse: Group Treatment Strategies for Children with Impulse Control Problems

Carolyn Cunningham and Kee MacFarlane

This book includes activities for children four to 12 years of age who are sexual abusers. It addresses self-esteem, problem solving, anger management, sexuality, victimization, and perpetration.

1996; \$28; ISBN 1884444237; The Safer Society Press, P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132; Fax: 802/247-4233; Web site: <http://www.saferociety.org>

The Woodrow Project: A Sexual Abuse Prevention Curriculum for Persons with Developmental Disabilities

Rape and Abuse Crisis Center of Fargo-Moorehead (ND)

This curriculum, which is intended for young adults 15 to 25 years of age with a mild to moderate range of mental retardation, includes eight 25- to 30-minute sessions on sexual abuse-prevention skills.

1986; \$99.95; ISBN 0914633112; Red Flag Green Flag Resources, Rape and Abuse Crisis Center of Fargo-Moorehead, P.O. Box 2984, Fargo, ND 58108-2984; Phone: 800/627-3675; Fax: 888/237-5332; Web site: <http://www.redflaggreenflag.com>

RESOURCES

ETR Associates

P.O. Box 1830, Santa Cruz, CA 95061-1830; Phone: 800/321-4407; Fax: 800/435-8433; Web site: <http://www.etr.org>

Channing L. Bete Company, Inc.

200 State Road, South Deerfield, MA 01373; Phone: 800/628-7733; Fax: 800/499-6464; Web site: <http://www.channing-bete.com>

Positive Promotions

40-01 168th Street, Flushing NY 11358; Phone: 800/635-2666; Fax: 800/635-2329

JOURNALS

Journal of Child Sexual Abuse

This is a quarterly journal focusing on research, treatment, and program innovations for victims, survivors, and offenders of child sexual abuse.

\$175; *The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580; Phone: 800/342-9678; Fax: 800/895-0582; Web site: <http://www.haworthpressinc.com>*

Sexual Abuse: A Journal of Research and Treatment

This quarterly journal focuses on clinical and theoretical aspects of the treatment of sexual abusers.

\$52; *Kluwer/Plenum Academic Publishers, 233 Spring Street, New York, NY 10013; Phone: 212/620-8472; Fax: 212/807-1047; Web site: <http://www.wkap.nl.com>*

ORGANIZATIONS

American Association of Sex Educators, Counselors, and Therapists (AASECT)

This interdisciplinary organization certifies sexuality educators, counselors, and therapists and provides a list of certified therapists in specific geographic areas to individuals upon request. All requests must include a self-addressed, stamped envelope.

P.O. Box 238, Mt. Vernon, IA 52314; Phone: 319/895-8407; Fax: 319-895-6203; Web site: <http://www.aasect.org>

Association for the Treatment of Sexual Abusers (ATSA)

This association educates, facilitates information exchange, and provides for advancement in the sex offender treatment field. 4900 S.W. Griffith Drive, Suite 274, Beaverton, OR 97005; Phone: 503/643-1023; Fax: 503/643-5084; Web site: <http://www.atsa.com>

Interfaith Sexual Trauma Institute (ISTI)

This organization promotes the prevention of sexual abuse, exploitation, and harassment through research, education, and publications. ISTI offers leadership, gives voice, and facilitates healing to survivors, communities of faith, and offenders as well as to those who care for them.

St. John's Abbey and University, Collegeville, MN 56321; Phone: 320/363-3994; Fax: 320/363-3954; Web site: <http://www.csbsju.edu>

National Child Abuse Hotline

This anonymous hotline is dedicated to the prevention of both sexual and nonsexual child abuse. The 24-hour hotline provides crisis counseling, referrals, and information. Phone: 800/4-A-CHILD or 800/2-A-CHILD (TDD line). *Childhelp USA National Headquarters, 15757 N. 78th Street, Scottsdale, AZ 85260; Phone: 480/922-8212; Fax: 480/922-7061; Web site: <http://www.childhelpusa.org>*

The National Children's Advocacy Center (NCAC)

This nonprofit organization provides prevention, intervention, and treatment services to physically and sexually abused children and their families.

200 Westside Square, Suite 700, Huntsville, AL 35801; Phone: 256/533-0531; Fax: 256/534-6883; Web site: <http://www.ncac-hsv.org>

National Clearinghouse on Child Abuse and Neglect Information

This clearinghouse is a resource for professionals seeking information on the prevention, identification, and treatment of child abuse, neglect, and related issues.

330 C Street, S.W., Washington, DC 20447; Phone: 800/394-3366 or 703/385-7565; Fax: 703/385-3206; Web site: <http://www.calib.com/nccanch>

Rape, Abuse & Incest National Network (RAINN)

This organization operates America's only 24-hour confidential national hotline for survivors of sexual assault. *635-B Pennsylvania Avenue, S.E., Washington DC 20003; Phone: 800/656-HOPE; Phone: 656-4673; Fax: 202/544-3556; Web site: <http://www.rainn.org>*

The Safer Society Foundation

This nonprofit organization advocates the prevention and treatment of sexual abuse. It focuses on offenders and offers them referrals.

P.O. Box 340, Brandon, VT 05733-0340; Phone: 802/247-3132 (to order books); 802/247-5141 (referral line); Fax: 802/247-4233; Web site: <http://www.saferociety.org>

Survivors of Incest Anonymous (SIA)

This organization provides information on incest and child sexual abuse as well as referrals to local support groups. Individuals should make requests by mail only; send business-size, self-addressed envelope with two stamps.

P.O. Box 190, Benson, MD 21018; Phone: 410/893-3322; Web site: <http://www.siauso.org>

Voices in Action

This international organization provides assistance to victims of incest and child sexual abuse through information and referral. It strives to increase public awareness about the prevalence of incest.

P. O. Box 148309, Chicago, IL 60614-8309; Phone: 800/7-VOICE-8 (786-4238); Fax: 847/498-0505; Web site: <http://www.voices-action.org>