Persons with physical, cognitive, or emotional disabilities have a right to sexuality education, sexual health care, and opportunities for socializing and sexual expression. Family, health care workers, and other caregivers should receive training to better understand and support sexual development and behavior, comprehensive sexuality education, and related health care for individuals with disabilities.

The policies and procedures of social agencies and health care delivery systems should ensure that services and benefits are provided to all persons, without discrimination because of disability. Individuals with disabilities and their caregivers should be provided information and education about how to minimize the risk of sexual abuse and exploitation.

This annotated bibliography includes a cross section of available resources on physical disability, mental disability, and chronic illness. As you will note, there are not many recent resources. Organizations whose work is related to sexuality and disability are listed at the end of this bibliography. Readers should refer to the SIECUS bibliography Sexuality and Health (1999) and to the SIECUS Web site for additional titles.

All of the books listed in this bibliography are available for use at the Mary S. Calderone Library. Individuals interested in purchasing any of the resources will find the publication date, price (not including shipping and handling), ISBN (when assigned), and publisher at the end of each annotation. More detailed ordering information is available at the end of the bibliography. SIECUS sells and distributes only its own materials.

Copies of this bibliography are available free of charge on the SIECUS Web site and for purchase from the SIECUS Publications Department for $3 each. SIECUS’ address is 130 West 42nd Street, Suite 350, New York, NY 10036-7802; Phone: 212/819-9770; Fax: 212/819-9776; E-mail: siecus@siecus.org; Web site: http://www.siecus.org.

This bibliography was compiled by Amy Levine, M.A., SIECUS librarian, and Darlene Torres, library assistant.

* These books were in SIECUS’ Annotated Bibliography on Sexuality and Disability (April/May 1995) but are updated.

† These books were in SIECUS’ Annotated Bibliography on Sexuality and Disability (April/May 1995) and are still relevant.

GENERAL BOOKS

An Easy Guide to Loving Carefully for Men and Women (Third Edition)
Lyn McKee, Winifred Kempton, and Lynne Stiggall-Muccigrosso
Illustrations by Vivien Cohen

This book provides information about sexuality for both men and women. It discusses anatomy, abstinence, intercourse, contraception, pregnancy, sexually transmitted diseases (STDs), sexual health, and sexual orientation. It also includes a glossary.

Let’s Talk about Health: What Every Woman Should Know
Caryl Heaton, Beverly Schenkman Roberts, Leone Murphy et al.

This workbook for heterosexual women addresses healthy habits, people’s bodies, sexual health, menstruation, decision making, sexual abuse prevention, contraception, and STDs. It also explains a gynecological exam.
1996; $20/workbook; 1994, $22.95/video; The Arc of New Jersey.

Mother-to-Be: A Guide to Pregnancy and Birth for Women with Disabilities†
Judith Rogers and Molleen Matsumura

This book discusses all aspects of pregnancy in the context of disability—from making the decision to have a child to problems after giving birth. The book includes interviews with 36 women with such disabilities as cerebral palsy, lupus, ataxia, multiple sclerosis, spina bifida, and arthritis. Other chapters discuss nutrition, exercise, labor, and delivery. Appendices include dietary plans and a glossary. An extensive index includes lists of resource organizations and suggested reading materials.

MS and Intimacy: Managing Specific Issues
Tanya Radford

This booklet is for people with multiple sclerosis (MS) and their partners. It addresses the importance of communication between partners and discusses sexual problems associated with MS for both men and women. The booklet also includes a list of resources.
2000; Free to clients; National Multiple Sclerosis Society.
Restricted Access: Lesbians on Disability
Victoria A. Brownworth and Susan Raffo, Editors

This anthology represents the voices of lesbians experiencing a range of disabilities. Essays include “Autoimmune Disease: A Personal Perspective,” “Complications: The Deaf Community, Disability and Being a Lesbian Mom—A Conversation with Myself,” and “Flirting with You: Some Notes on Isolation and Connection.”
1999; $15.95; ISBN 158005028; Seal Press.

The Sensuous Heart: Guidelines for Sex after a Heart Attack or Heart Surgery+
Susanne Cambre, R.N., B.S.H.A.

This cartoon-style booklet discusses the emotional and physical needs of people who have had a heart attack or heart surgery. It answers questions about sexual intercourse and discusses the effects of alcohol, prescribed drugs, stimulants, and illegal drugs.

Sex and Back Pain: Advice on Restoring Comfortable Sex Lost to Back Pain*
Lauren Andrew Hebert, .PT.

The line drawings and photographs in this book illustrate recommended exercises and sexual positions for people with back pain. A video demonstrates the various sexual positions described in the book. All individuals are clothed.

Sexuality after Spinal Cord Injury: Answers to Your Questions
Stanley H. Ducharme and Kathleen M. Gill

This book provides practical, straightforward answers to questions about spinal cord injury. Topics include emotions, sexual behavior, sexual health, and parenting.
1997; $24.95; ISBN 1537662657; Brookes Publishing.

Sexuality & Cancer*
American Cancer Society

These two booklets—one for women and their partners and one for men and their partners—are available in print or on the organization’s Web site. They are titled For the Woman Who Has Cancer, and Her Partner (1999) and For the Man Who Has Cancer, and His Partner (2000). Free; The American Cancer Society.

Sexuality and Spinal Cord Injury†
Sylvia Eichner McDonald, Willa M. Lloyd, Donna Murphy, and Margaret Gretchen Russert

This book explores topics relating to sexuality and reproduction before and after spinal cord injury. One chapter outlines the steps individuals with spinal cord injuries may take to prepare for sexual activity. Another is devoted to different ways to give hugs from a wheelchair. There is also a general discussion about sexual attitudes, relationships, parenthood, contraception, and STDs. The book includes a list of myths about sexuality and spinal cord injury. It also includes an injury resource list.
1993; $14.95; The Spinal Cord Injury Center.

Sexuality, Learning Difficulties and Doing What’s Right
Gavin Fairbairn, Denis Rowley, and Maggie Bowen

This book addresses sexuality and people with learning disabilities. It explores the rights they have to learn about sexuality issues, to form relationships, and to express themselves sexually. Chapters include “Ethics, Learning Difficulties and Sexuality,” “Sweet Little Mystery: The Person with Learning Difficulties as a Sexual Being,” “Exploitation, Abuse and Assault: The Sexual Misuse of People with Learning Disabilities,” and “Being and Becoming: Sex Education, Responsibility and the Limits of Inclusion.”

Sexuality and Disability

This book discusses sexuality-related vocabulary in American Sign Language. It offers clear illustrations of more than 130 signs and offers explanations and notes. It also includes a video that illustrates the signs.
BOOKS FOR PROFESSIONALS

Barrier Free: Serving Young Women with Disabilities†
Linda Marks and Harilyn Rousso
This training manual is for groups that help teenage women with physical or sensory disabilities. It examines such subjects relating to consciousness-raising about women and disability, career exploration, independent living, and sexuality.
1991; $12; Women’s Educational Equity Act Publishing Center.

Choices: A Guide to Sex Counseling with Physically Disabled Adults†
Maureen E. Neistadt, M.S., and Maureen Freda
Illustrations by Kerry Anne O’Reilly
Written for rehabilitation professionals who provide sexuality counseling for physically disabled adults, this book contains guidelines for limited sexuality counseling and examines issues of intimacy and communication as well as the sexual response cycle. The book discusses functional and sexual difficulties caused by disabilities and the impact of disability on social issues such as privacy, dating, marriage, and childbearing. It includes reading and resource lists.

FACTS: Forensic Assessment of Consent to Sex
Nora J. Baladerian, Ph.D.
This is an interviewing instrument designed to assess when adults with cognitive impairments actually consent to sexual relations. Some questions view the male as the perpetrator and therefore need to be rephrased using he or she.
1998; $10; Disability, Abuse & Personal Rights Project.

Informed Consent, Sexuality, and People with Developmental Disabilities: Strategies for Professional Decision-Making
Laura K. Griffin, J.D.
This workbook is designed to increase knowledge about sexual consent and decision making for those who work with people with disabilities. Although it focuses on work done in the state of Wisconsin, the information is relevant to all professionals.

Providing Comprehensive Sexual Health Care in Spinal Cord Injury Rehabilitation: Continuing Education and Training for Health Care Professionals
Mitchell S. Tepper, Ph.D., M.P.H.
This curriculum helps health care professionals gain knowledge, comfort, and skills to understand and manage the sexual health care of people with spinal cord injury. The three-day program focuses on helping professionals conduct sexuality assessment interviews, relay relevant and unbiased sexuality information, and provide specific suggestions about sexual options.

Sexuality and Chronic Illness: A Comprehensive Approach†
Leslie R. Schover, Ph.D., and Søren Buus Jensen, M.D.
Using an integrative biopsychosocial approach, this volume reviews basic skills that professionals need to discuss sexuality with chronically ill patients, assess sexual problems through psychological and medical approaches, and create a systematic treatment plan.
1988; $49.95; ISBN 089862715; Guilford Publications.

Sexuality and Disabilities: A Guide for Human Service Practitioners
Romel W. Mackelprang and Deborah Valentine, Editors
This collection of eight articles provides readers with a clear understanding of issues related to sexuality, intimacy, and disability. Titles include “Mental Retardation and Sexual Expression: An Historical Perspective,” “Responding to the Sexual Concerns of Persons with Disabilities,” “A Holistic Social Work Approach to Providing Sexuality Education and Counseling for Persons with Severe Disabilities,” and “Sexual Assault and People with Disabilities.”

Sexual Function in People with Disability and Chronic Illness: A Health Professional’s Guide
Marca L. Sipski and Craig J. Alexander
This book contains 29 chapters written by over 30 contributors. It addresses general sexual function, specific disabilities and illnesses, and treatment concerns.

Sexuality Issues for Youth with Disabilities and Chronic Health Conditions
Cecily Shapland
This brief from the Institute for Child Health Policy addresses teen pregnancy prevention and risk factors as they relate to young people with disabilities. It also discusses strategies to address needs in such areas as sexuality education, community family planning services, and community partnerships.
1999; Free online; Institute for Child Health Policy.
Socialization and Sexuality: A Comprehensive Training Guide for Professionals Helping People with Disabilities that Hinder Learning*

Winifred Kempton

This guide outlines a training program for professionals who work with the developmentally disabled. Chapters include “Understanding the Sexuality of People with Disabilities that Hinder Learning,” “Attitudes about Sexuality: Personal Exploration,” “Sexuality Counseling,” “Sexual Abuse and Informed Consent,” “Special Considerations Relating to Living Centers,” “Working with Parents and Families,” “Sexuality Programs and Evaluations,” and “Assessments.” 1998; $59; Program Development Associates.

Teaching Persons with Mental Retardation about Sexuality and Relationships: An Instructional Guide†

June Kogut and Susan Vilardo, Authors Jane Bernstein, Editor

This manual provides educators with guidelines on developing and implementing sexuality education programs for individuals with mental disabilities. 1993; $49.95; Planned Parenthood of Connecticut.

FOR PARENTS

Abuse of Children and Adults with Disabilities: A Risk Reduction and Intervention Guidebook for Parents and Other Advocates

Nora J. Baladerian, Ph.D.

This publication discusses the increased vulnerability to abuse that individuals with disabilities face. It also looks at the signs and symptoms of abuse, the consequences of abuse, how to report suspected abuse, how to conduct interventions, and how to reduce risks. 1999; $20; Mental Health Consultants.

An Easy Guide for Caring Parents: Sexuality and Socialization: A Book for Parents of People with Mental Handicaps

Lynn McKee and Virginia Blacklidge, M.D.

This book addresses the social needs of children with mental and other developmental disabilities. It also discusses the role of parents in their children’s sexuality education. It includes a comprehensive discussion of sexual development and discusses such topics as growing up, responsible sexual behavior, masturbation, social life, sexual orientation, fertility and birth control, sexual abuse, and marriage. 1986; $8; ISBN 0960689818; Planned Parenthood Shasta-Diablo.

SEXUALITY AND DISABILITY

Books for Youth

Caution: Do Not Open until Puberty! An Introduction to Sexuality for Young Adults with Disabilities

Rick Enright, B.A., M.S.W. Illustrations by Sara L. Van Hamme

This book is intended as an icebreaker for an open discussion of sexuality between disabled adolescents and their families. Using illustrations and text, it addresses decision making, anatomy, sexual response, physical disability and sexual functioning, as well as suggestions for further learning. 1995; $9.95; ISBN 0968041507; Devinjer House.

Changes in You: A Clearly Illustrated, Simply Worded Explanation of the Changes of Puberty for Boys†

and

Changes in You: A Clearly Illustrated, Simply Worded Explanation of the Changes of Puberty for Girls†

Peggy C. Siegel Illustrations by Vivien Cohen

Printed for the fourth time in 1997, these books explain the changes that boys and girls experience during puberty. Topics include physical development, anatomy, masturbation, health, doctor’s visits, public and private behaviors, and unwanted touch. The boy’s book also addresses wet dreams, and the girl’s book addresses menstruation. Parents’ guides are available for sons and daughters with special needs. 1991; $8.95/each; Family Life Education Associates.
Sexuality and Disability

Easy for You to Say: Q&As for Teens Living with Chronic Illness or Disability
Miriam Kaufman, M.D.
This book answers questions that teens may have about chronic illness or disability. Chapters include “Sexuality,” “Family Relationships,” “Doctors and Medical Issues,” “Friends and Dating,” “School and Work,” “Alcohol, Drugs, and Medication,” “Recreation,” and “Transitions.”

Spinabilities: A Young Person’s Guide to Spina Bifida
Marlene Lutkenhoff, R.N., M.S.N., and Sonya G. Oppenheimer, M.D., Editors
This book provides practical tips and suggestions to help teenagers with spina bifida become independent and manage their own health care. It addresses mobility and equipment, skin, bowels, bladder care, staying healthy, self-esteem, body image, friendships, romantic relationships, sexuality, academic performance, and career skills.

OUT OF PRINT

The Baby Challenge: A Handbook on Pregnancy for Women with a Physical Disability
Mukti Jain Campion
This book describes the impact, effect, and outcome of a range of physical disabilities on pregnancy and childbirth and vice versa. It outlines the effect of disabilities on fertility, the role of genetics, implications of medication, remission of symptoms, precautions during pregnancy and labor, possible interventions during delivery, and expectations in a postnatal ward. Each chapter includes a resource list. The book also includes a chapter specifically for health care professionals.

Ken Kroll and Erica Levy Klein
This illustrated guide to intimacy and sexual expression is for individuals with physical disabilities. It debunks popular myths and stereotypes and includes chapters on living and loving with specific disabilities, sexual variations and alternatives, safer sex and family planning, building self-esteem, and dealing with attendants. It also lists referrals and suggested readings.

Positive Approaches: A Sexuality Guide for Teaching Developmentally Disabled Persons
Lisa Maurer
This guide provides a format for teachers, parents, and caregivers to help individuals with developmental disabilities learn the skills they need to understand and safely and appropriately express their individual sexuality. The guide couples background information with a variety of exercises, fact sheets, and programs relating to anatomy, physiology, contraception, relationships, pregnancy, and parenthood.
1991; Planned Parenthood of Delaware.

Reproductive Issues for Persons with Physical Disabilities
Florence P. Haseltine, Ph.D., M.D., Sandra S. Cole, Ph.D., and David B. Gray, Ph.D., Editors
This resource includes contributions from individuals with disabilities as well as from health care professionals. Chapters focus on dispelling myths about sexuality and disability and exploring sexuality-related issues that challenge people with disabilities. Topics include basic information about congenital and acquired physical disabilities, reproductive rights and opportunities, sexual dysfunctions, STDs, reproductive physiology, sexual development, health care needs, fertility, birth control, adoptions, pregnancy, labor and delivery, and parenthood. Individuals provide personal stories throughout the book. Professionals discuss clinical and policy issues.

The Sensuous Wheeler, Sexual Adjustment for the Spinal Cord Injured
Barry J. Rabin, Ph.D.
This sexuality guide for men and women with spinal cord injuries covers sexual response, adjustment, and functioning. It also outlines ideas for attracting a partner, preparing for sexual activity, sexual positions, and non-demand pleasure techniques.

Sexuality and People with Intellectual Disability
(Second Edition)
Lydia Fegan, M.A., Anne Rauch, B.A., and Wendy McCarthy
This book candidly discusses sexuality and the attitudes of individuals with intellectual disabilities and their caregivers. It includes sample dialogues and case situations, discussions of sexual rights for people with intellectual disabilities, and policy guidelines for organizations.

Taking Charge: Teenagers Talk about Life and Physical Disabilities
This book provides information for teenagers on the challenges they may face growing up with a disability. Topics include communication, independence, relationships, dating, sexuality, and family life. It also includes an appendix.
Changes in You: An Introduction to Sexuality Education through an Understanding of Puberty+

Peggy C. Siegel, M.S.

Illustrations by Vivien Cohen

This family life education program for young people with cognitive disabilities is intended to help students in grades four through nine develop strong, positive feelings about themselves as they make the transition into puberty. The complete program includes 73 laminated illustrations, the Changes in You book for boys, the Changes in You book for girls, and a teacher’s guide. 1993; $299; James Stanfield Publishing Co.

CIRCLES II:

Stop Abuse†

Marklyn P. Champagne, R.N., M.S.W., and Leslie Walker-Hirsch, M.Ed.

This curriculum is for people with mild-to-moderate developmental disabilities. It teaches them how to avoid exploitative situations. Part One: Recognizing and Reacting to Sexual Exploitation encourages student assertiveness and teaches students how to recognize and react to sexual exploitation. Part Two: Learning Appropriate Protective Behaviors discusses the potential for sexual abuse from acquaintances and strangers, and teaches students how to deal with unwanted advances. The complete set includes three videos, a wall graph, and a teacher’s guide. 1986; $399; James Stanfield Publishing Co.

CIRCLES III:

AIDS: Safer Ways†

Marklyn P. Champagne, R.N., M.S.W., and Leslie Walker-Hirsch, M.Ed.

This curriculum is for people with mild-to-moderate developmental disabilities. Part One: Communicable Diseases and Casual Contact illustrates casual contact and the steps individuals should take to reduce the chances of becoming infected with a communicable disease. Part Two: STDs, AIDS and Intimate Contact explains the difference between casual and intimate contact. It promotes positive decision-making and addresses abstinence as the best way to avoid STDs and AIDS. The complete set includes six videos, supplemental materials, and a teacher’s guide. 1988; $399; James Stanfield Publishing Co.
The Family Education Program†
Katherine Simpson, M.F.C.C., Editor

This manual includes complete curricula for teaching sexuality, self-esteem, and abuse prevention to students with developmental and learning disabilities. It covers such subjects as working with schools, developing educational plans, working with parents, and dealing with teachers’ concerns. The manual contains training outlines and resources, a section on audiovisual instruction, reproducible teaching graphics, and pretest and posttest evaluations.
1990; $30; Planned Parenthood Shasta-Diablo.

The GYN Exam Handbook: An Illustrated Guide to the Gynecological Examination for Women with Special Needs†
Maria Olivia Taylor, M.S.N., R.N.C., C.N.S.

This curriculum for females with mild to moderate developmental disabilities takes participants through a gynecologic examination. This opportunity to understand the procedures is designed to provide the women with comfort and confidence. It also encourages them to take responsibility for their own sexual health needs. The complete set includes two videos, a handbook, and a teacher’s guide.
1991; $299; James Stanfield Publishing Co.

Janet’s Got Her Period+—(Second Edition)
Judi Gray and Jitka Jilich

This curriculum is for girls and young women with severe developmental disabilities. It consists of a video and an illustrated storybook with full-color photographs that tell the story of a young girl who learns menstrual self-care from her mother and sister. It includes a teacher’s guide.
1990; $399; James Stanfield Publishing Co.

LIFEFACTS: Essential Information about Life for Persons with Special Needs*
James Stanfield Publishing Co.

Three of the seven programs in this series address AIDS, sexuality, and sexual abuse prevention. They are designed to provide health education professionals with the materials and information they need to teach adolescents and adults with mild-to-moderate developmental disabilities. Life Facts: Sexuality is currently under revision and is scheduled for release later this year. 1990, AIDS; 1990, Sexual Abuse Prevention; 1992, Sexuality; $199/each; $174 each/any two programs; $165.67 each when purchasing three programs; James Stanfield Publishing Co.

The Physiological and Emotional Aspects of Being Male & Female† and Life Horizons II The Moral, Social and Legal Aspects of Sexuality†
Winifred Kempton, M.S.W.

These two curricula are for people with mild-to-moderate developmental disabilities. Life Horizons I consists of five programs: “Parts of the Body,” “Sexual Life Cycle,” “Birth Control or Regulation of Fertility,” and “Sexually Transmitted Diseases and AIDS.” It includes over 500 slides, a teacher’s guide and script, and a video. Life Horizons II consists of seven programs: “Building Self-esteem and Establishing Relationships,” “Moral, Legal, and Social Aspects of Sexual Behavior—Male,” “Moral, Legal, and Social Aspects of Sexual Behavior—Female,” “Dating Skills and Learning to Love,” “Marriage and Other Adult Lifestyles,” “Parenting,” and “Preventing or Coping with Sexual Abuse.” It includes over 600 slides, a teacher’s guide, and a script.
1999; $399 each, $699 for both; James Stanfield Publishing Co.

“No-Go-Tell”†
Elisabeth J. Krents, Ph.D., and Shella A. Brenner, M.A.

This curriculum is designed to help children three through seven years of age protect themselves. The basic questions that the curriculum answers are: “Who are family, friends, familiar people, and strangers?” “What is ‘ok’ touch and ‘not ok’ touch?,” “What are private parts?,” “Who do you tell about an abusive incident?,” and “How do you tell them?” The curriculum includes 76 laminated illustrations, male and female anatomically correct dolls, and a teacher’s guide.
1991; $299 without dolls, $399 with dolls; James Stanfield Publishing Co.

Positive Partnerships: A Sexuality Education Curriculum for Persons with Serious Mental Illness
Patti Caldwell and Sally Reynolds

This curriculum provides guidelines for sexuality education in one-on-one or group settings to people with serious mental illness. It addresses sexuality, relationships, sexual orientation, anatomy, sexual response and expression, conception, contraception, pregnancy options, STDs, HIV/AIDS, social skills, dating, and sexual abuse. Educators should update certain information after reviewing the curriculum.
1994; $19.95; Planned Parenthood of Southern Arizona.

Preventing Sexual Abuse: Activities and Strategies for Those Working with Children and Adolescents (Second Edition)
Carol A. Plummer

This sexual abuse-prevention curriculum is divided into two sections. The first section includes a three- or five-day presentation for grades K through six, which is adaptable for the developmentally disabled. The second section is a one-, three-, or five-day presentation for grades seven through 12.
The curriculum includes information about parental involvement. It also includes guidelines for instructors and an appendix. 1997; $23.95; ISBN 1556911149; Learning Publications, Inc.

**Sexuality Education for Persons with Severe Developmental Disabilities**  
(Revised Edition)  
*Beverly Brekke, Ed.D.*

This curriculum is for people with severe mental disabilities. It includes seven slide presentations and a teacher's guide addressing anatomy, appropriate social behavior, menstruation, and medical examinations. This curriculum is appropriate as a supplement to *Life Horizons I* and *Life Horizons II*.  
1988; $39.95; James Stanfield Publishing Co.

**Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, Their Families, and Professionals**  
(Second Edition)*  
*Marilyn Minkin and Laurie Rosen-Ritt*

This curriculum contains information on sexual abuse, STDs, and reproductive health. It includes more than 600 photographs to illustrate 250 terms associated with sexuality. Appendices include contraception information and anatomical drawings.  
1991; $24.95; Bookstore, Planned Parenthood of Western Washington, 2211 East Madison, Seattle, WA 98122; Phone: 206/328-7715; Web site: http://www.ppww.org

**Social Skills and Sex Education: Sex Education and Self Care for the Forgotten Adult**  
*Mark and Syl Steege*

This teaching tool is used to educate developmentally delayed adults. The first section discusses anatomy and sexual functioning, while the second section addresses appropriate and inappropriate touch. Also included are two audio cassettes and picture books as well as an instruction manual. 1998; $99; Program Development Associates.

**Special Education: Secondary F.L.A.S.H. (Family Life and Sexual Health): A Curriculum for Grades 7-12+**  
*Jane Stangle, M.Ed.*

This comprehensive program is designed for adolescents in special education programs. It addresses the physical, emotional, and safety aspects of sexuality education; encourages parent and family involvement; and includes a section on preparing community-based sexuality education programs. Lesson plans cover relationships, communication, exploitation, anatomy, reproduction, STDs, and AIDS. The curriculum includes resource lists, guidelines for answering students' questions, recommended audiovisuals, teacher preparation suggestions, and master copies for all overhead transparencies and student handouts.  
1999; $40; Program Development Associates.

**AUDIOVISUALS**

**All of Us Talking Together: Sex Education for People with Developmental Disabilities**  
*Program Development Associates*

This video is intended for developmentally disabled adolescents and young adults, parents, and health care professionals who work with the developmentally disabled. It includes young people's views on sexuality and parental concerns. It also explains how to talk with children about sexuality issues, sexual abuse, and HIV. In addition, it helps pave the way for better discussions between young people and health care providers about anatomy, contraception, and STDs.  
1999; $195; Program Development Associates.

**ORDERING INFORMATION**

Individuals should contact these publishers, distributors, or companies for more information on the publications listed in this bibliography.

**The American Cancer Society**  
Phone: 800/227-2345  

**ARC Milwaukee**  
1126 South 70th Street  
Suite N408B  
Milwaukee, WI 53214  
Phone and TDD: 414/774-6255  
Fax: 414/774-7859

**The Arc of New Jersey**  
985 Livingston Avenue  
North Brunswick, NJ 08902  
Phone: 732/246-2525  
Fax: 732/214-1834  
Web site: http://www.arcnj.org

**Aspen Publishers Inc.**  
New Orders, 7201 McKinney Circle  
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Phone: 800/638-8437  
Fax: 301/695-7931  
Web site: http://www.aspenpub.com

**Brookes Publishing**  
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Web site: http://www.pbrookes.com
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Web site: http://www.continuum-books.com

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Fax: 212/683-0118
Web site: http://www.demosmedpub.com

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Sparta, Ontario, Canada N0L 2H0
Phone: 519/685-8703
Fax: 519/685-8699
Web site: http://www.tvcc.on.ca

Disability, Abuse & Personal Rights Project
P.O. Box T
Calver City, CA 90230
Phone: 310/391-2420
Fax: 310/390-6994

Family Life Education Associates
P.O. Box 7466
Richmond, VA 23221
Phone: 804/262-0531
Web site: http://www.changesinyour.homestead.com

Family Planning Publications
Seattle-King County Department of Public Health, 400 Yesler Way, 3rd Floor
Seattle, WA 98104
Phone: 206/296-4902
Fax: 206/205-5281

Firefly Books
3680 Victoria Park Avenue
Toronto, Ontario, Canada M2H 3K1
Phone: 800/387-5085
Fax: 800/565-6034
Web site: http://www.fireflybooks.com

Guilford Publications
72 Spring Street
New York, NY 10012
Phone: 800/365-7006
Fax: 212/966-6708
Web site: http://www.guilford.com

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10 Alice Street
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1 Washington Street, P.O. Box 1247
Greenville, ME 04441
Phone: 800/762-7720
Fax: 207/693-2330
Web site: http://www.impaccusa.com

The Institute for Child Health Policy
Web site: http://www.nichbhrtw.org/downloadpolicypapers.htm

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Fax: 805/897-1187
Web site: http://www.stanfield.com

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Web site: http://www.learningpublications.com

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P.O. Box T
Calver City, CA 90230
Phone: 310/391-2420
Fax: 310/390-6994

National Multiple Sclerosis Society
Phone: 800/344-4867
Web site: www.nationalmssociety.org

Planned Parenthood of Connecticut
129 Whitney Avenue
New Haven, CT 06510
Phone: 203/865-5138
Fax: 203/624-1333
Web site: http://www.ppct.org

Planned Parenthood Shasta-Diablo
2185 Pacheco Street
Concord, CA 94520
Phone: 925/676-0505
Fax: 925/676-2814

Planned Parenthood of Southern Arizona
127 Fifth Avenue
Tucson, AZ 85701-2091
Phone: 520/624-1761
Fax: 520/622-8743
Web site: http://www.cppsz.org

Pritchett & Hull Associates, Inc.
3440 Oakcliff Road N.E., Suite 110
Atlanta, GA 30340-3079
Phone: 800/241-4925
Fax: 800/752-0510
Web site: http://www.p-h.com

Program Development Associates
P.O. Box 2038
Syracuse, NY 13220-2038
Phone: 315/452-0643
Fax: 315/452-0643
Web site: http://www.disabilitytraining.com
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Fax: 800/248-4724  
Web site: http://www.sealpress.com

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**Sex Information & Education Council of Canada**  
850 Coxwell Avenue  
East York, Ontario, Canada M4C 5R1  
Phone: 416/466-5304  
Fax: 416/778-0785  
Web site: http://www.sieccan.org

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**The Sexual Health Network, Inc.**  
3 Mayflower Lane, Shelton, CT 06484  
Phone/Fax: 203/924-4623  
Web site: http://www.sexualhealth.com

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**The Spinal Cord Injury Center**  
Froedtert Memorial Lutheran Hospital  
9200 West Wisconsin Avenue  
Milwaukee, WI 53226  
Phone: 414/805-3658  
Fax: 414/259-7927

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**Taylor & Francis**  
7625 Empire Drive  
Florence, KY 41042  
Phone: 800/634-7064  
Fax: 800/248-4724  
Web site: http://www.taylor-nyc.com

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**Temple University Press**  
Attn: Order Department (083-42)  
1601 N. Broad Street, 305 USB  
Philadelphia, PA 19122-6099  
Phone: 800/447-1656  
Fax: 800/207-4442  
Web site: http://www.temple.edu/tempress

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**American Cancer Society (ACS)**  
This national organization acknowledges sexuality as an important part of everyday life. It provides information on sexuality and cancer for individuals and their families through its 24-hour hotline and resource center.  
National Headquarters, 1599 Clifton Road, N.E., Atlanta, GA 30329; Phone: 800/227-2345 or 404/320-3333; Web site: http://www.cancer.org

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**The Arc**  
A National Organization on Mental Retardation  
This organization affirms that individuals with mental retardation have sexual feelings, needs, and identities, and believes that sexuality should always be seen in the total context of human relationships.

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**Winifred Kempton Associates**  
3300 Darby Road, C-404  
Haverford, PA 19041  
Phone/Fax: 610/642-1941

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**Woodbine House**  
6510 Bells Mill Road  
Bethesda, MD 20817  
Phone: 800/843-7323  
Fax: 301/897-5838  
Web site: http://www.woodbinehouse.com

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**Women’s Educational Equity Act Publishing Center**  
P.O. Box 1020  
Sewickley, PA 15143  
Phone: 800/793-5076  
Fax: 412/741-0609  
Web site: http://www.edc.org

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**The Arc also provides referrals for those who have been sexually abused.**  
1010 Wayne Avenue, Suite 650, Silver Spring, MD 20910; Phone: 301/565-3842; Fax: 301/565-5342; Web site: http://www.thearc.org E-mail: info@thearc.org

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**The British Columbia Coalition of People with Disabilities; AIDS & Disability Action Project (ADAP)**  
This international organization works to facilitate full participation in society of people with disabilities and promotes independence. ADAP helps people with disabilities realize that they may be at risk and teaches them to prevent HIV infection through educational and workshop materials appropriate for people with various disabilities.  
204-456 West Broadway, Vancouver, British Columbia, Canada V5Y 1R3; Phone: 604/875-0188; Fax: 604/875-9227; Web site: http://www.bccpd.bc.ca/wdi; E-mail: trans@bccpd.bc.ca

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**Center for Policy and Partnerships Institute for Child Health Policy University of Florida at Gainesville**  
34th Street, S.W., Suite 323, Gainesville, FL 32608-5367; Phone: 888/433-1851; Fax: 352/392-8822

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**The Committee on Sexuality**  
This organization supports the rights of people with developmental disabilities through education, counseling, and advocacy.  
5 Second Avenue, Chula Vista, CA 91910; Web site: http://www.u3design.com/committee

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**The Family Village Web site**  
This Web site provides information to families and professionals on sexuality and disability. It links to organizations, communities, recreational sites, and other resources for people with disabilities.  
Waisman Center, University of Wisconsin-Madison, 1500 Highland Avenue, Madison, WI 53705-2280; Phone: 608/263-5973; Fax: 608/263-0529; Web site: http://www.familyvillage.wisc.edu; E-mail: Rowley@waisman.wisc.edu
**National AIDS Hotline for Deaf and Hearing-impaired People**
The Centers for Disease Control and Prevention (CDC) National AIDS Hotline TTY Staff are trained to answer questions and provide referrals about HIV, AIDS, and STDs from deaf individuals and other TTY users. Calls are answered in American Sign Language (ASL), English, and Spanish. Voice and TTY: 800/243-7889

**The National Information Center for Children and Youth with Disabilities**
This organization is dedicated to providing information on disability-related issues for professionals, families, and educators. The news digest, *Sexuality Education for Children and Youth with Disabilities, 1992*, is available on the organization’s Web site. The digest addresses concerns that parents and professionals face in informing and guiding children and young adults with disabilities in their social-sexual development.

P.O. Box 1492, Washington, DC 20013-1492; Phone: 202/884-8200; Voice and TTY 800/695-0285; Fax: 202/884-8444; Web site: http://www.nichcy.org; E-mail: nichcy@aed.org

**The National Multiple Sclerosis Society**
NWHIC provides access to a variety of federal and other women’s health information resources. Its site enables individuals to link, read, and download women’s health-related material on sexuality and disability.

8550 Arlington Boulevard, Fairfax, VA 22031; Phone: 800/994-9662; TDD: 888/220-5546; Fax: 703/560-6598; Web site: http://www.4woman.gov E-mail: 4woman@4sza.com

**Parents Advocacy Coalition for Educational Rights (PACER)**
The Pacer Center is a parent-training and information center for families of children and youth with disabilities. It has a library of resources available for families addressing sexuality and reproductive health. These products are for parents who want to discuss sexuality issues with their children.

8161 Normandale Boulevard, Minneapolis, MN 55437-1044; Phone: 952/838-9000; Fax: 952/838-0199; Web site: http://www.pacer.org; E-mail: pacer@pacer.org

**Planned Parenthood Federation of America**
This organization and its local affiliates have resources that address the sexuality and reproductive health needs of individuals with disabilities.

810 7th Avenue, New York, NY 10019; Phone: 212/341-7800; 800/829-7732 Fax: 212/245-1845; Web site: http://www.plannedparenthood.org; E-mail: communication@ppfa.org

**L’Institut Roeher**
This Canadian organization promotes the equality, participation, and self-determination of people with intellectual and other disabilities.

Kinsmen Building, York University, 4700 Keele Street, Toronto, Ontario, Canada M3J 1P3; Phone: 800/856-2207; 416/661-9611; Fax: 416/661-5701; TDD: 416/661-2023; Web site: http://www.roeher.ca; E-mail: communication@roeh.ca

**Safe Place**
This local organization provides assistance related to intervention, prevention, education, and advocacy to individuals with disabilities. Its Safe Place Disability Services ASAP (A Safety Awareness Program) focuses primarily on individuals with disabilities.

P.O. Box 19454, Austin, TX 78760; Phone: 512/356-1599; TTY: 512/482-0691; Fax: 512/385-0662; Web site: http://www.austin-safeplace.org; E-mail: wabramson@austin-safeplace.org

**Sex Information & Education Council of Canada (SIECUS)**
SIECUS affirms that sexuality is a natural and healthy part of living. SIECUS develops, collects, and disseminates information, promotes comprehensive education about sexuality, and advocates the right of individuals to make responsible sexual choices.

850 Coxwell Avenue, East York, Ontario, Canada M4C 5R1; Phone: 416/466-5304; Fax: 416/778-0785; Web site: http://www.sieccan.org; E-mail: sieccan@siecan.org

**San Francisco Sex Information Switchboard**
This organization believes that accurate information helps people make responsible choices in their lives. Its services include a hotline, an online Q & A, and community outreach.

P.O. Box 881254, San Francisco, CA 94188-1254; Phone: 415/989-7374; 877/472-7374; Web site: http://www.sfsi.org; E-mail: info@sfsi.org

**Sexuality Information and Education Council of the United States (SIECUS)**
SIECUS operates, collects, and disseminates information, promotes comprehensive education about sexuality, and advocates the right of individuals to make responsible sexual choices.

130 West 42nd Street, Suite 350, New York, NY 10036; Phone: 212/819-9770; Fax: 212/819-9776; Web site: http://www.siecus.org; E-mail: siecus@siecus.org

**Special Interest Group on Social and Sexual Concerns, American Association on Mental Retardation**
This special interest group on social and sexual concerns focuses on the socialization and sexuality of people with mental retardation.
Sexual and Relationship Facilitation Project (SARFP)
SARFP is a “listserv” where participants can discuss the development of sexuality and relationships. It aims to raise self-esteem and improve body image while enhancing interpersonal skills.
Web site: http://groups.yahoo.com/groups/SARFP

Sexual Health Network
The Sexual Health Network is committed to providing easy access to sexuality information, education, counseling, therapy, health care, and other resources for people with disabilities.
Web site: http://www.sexualhealth.com

Sexuality and Disability Training Center
This training center provides counseling, outreach, and workshops focusing on sexuality and disability.
Boston Medical Center, 88 East Newton Street, Boston, MA 02118; Phone: 617/638-7358; Fax: 617/638-8170; Web site: http://www.stanlyducharme.com; E-mail: ducharme@bm.edu

Spinal Cord Injury Center
Froedtert Memorial Lutheran Hospital
This center specializes in the rehabilitation of those who have spinal cord injury. Their resources include a bibliography and the publication Sexuality and Spinal Cord Injury.
9200 W. Wisconsin Avenue, Milwaukee, WI 53226; Phone: 414/805-3658; Fax: 414/259-7927; Web site: http://www.mcw.edu/spinal/biblio.htm; E-mail: mlesica@fmlh.edu

Xandria Collection
This company sells adult sensual enhancement products and offers a catalog of products for disabled individuals.
The Xandria Collection, P.O. Box 319005, San Francisco, CA 94131-9988; Phone: 800/242-2823; 415/468-3812; Fax: 415/468-3912; Web site: http://www.xandria.com; E-mail: info@xandria.com