

A SIECUS Annotated Bibliography

Persons with physical, cognitive, or emotional disabilities have a right to sexuality education, sexual health care, and opportunities for socializing and sexual expression. Family, health care workers, and other caregivers should receive training to better understand and support sexual development and behavior, comprehensive sexuality education, and related health care for individuals with disabilities.

The policies and procedures of social agencies and health care delivery systems should ensure that services and benefits are provided to all persons, without discrimination because of disability. Individuals with disabilities and their caregivers should be provided information and education about how to minimize the risk of sexual abuse and exploitation.

This annotated bibliography includes a cross section of available resources on physical disability, mental disability, and chronic illness. As you will note, there are not many recent resources. Organizations whose work is related to sexuality and disability are listed at the end of this bibliography. Readers should refer to the SIECUS bibliography *Sexuality and Health* (1999) and to the SIECUS Web site for additional titles.

All of the books listed in this bibliography are available for use at the Mary S. Calderone Library. Individuals interested in purchasing any of the resources will find the publication date, price (not including shipping and handling), ISBN (when assigned), and publisher at the end of each annotation. More detailed ordering information is available at the end of the bibliography. SIECUS sells and distributes only its own materials.

Copies of this bibliography are available free of charge on the SIECUS Web site and for purchase from the SIECUS Publications Department for \$3 each. SIECUS' address is 130 West 42nd Street, Suite 350, New York, NY 10036-7802; Phone: 212/819-9770; Fax: 212/819-9776; E-mail: siecus@siecus.org; Web site: <http://www.siecus.org>.

This bibliography was compiled by Amy Levine, M.A., SIECUS librarian, and Darlene Torres, library assistant.

* These books were in SIECUS' *Annotated Bibliography on Sexuality and Disability* (April/May 1995) but are updated.

† These books were in SIECUS' *Annotated Bibliography on Sexuality and Disability* (April/May 1995) and are still relevant.

GENERAL BOOKS

An Easy Guide to Loving Carefully for Men and Women (Third Edition)

Lyn McKee, Winifred Kempton,
and Lynne Stiggall-Muccigrosso
Illustrations by Vivien Cohen

This book provides information about sexuality for both men and women. It discusses anatomy, abstinence, intercourse, contraception, pregnancy, sexually transmitted diseases (STDs), sexual health, and sexual orientation. It also includes a glossary. 1997; \$18.50; ISBN 0941816400; Winifred Kempton Associates.

The Illustrated Guide to Better Sex for People with Chronic Pain,* (Second Edition)

Robert W. Rothrock and Gabriella D'Amore
Illustrations by Jonathan Belt

This booklet provides simple solutions for chronic-pain problems that interfere with

sexual enjoyment. It includes six illustrations showing comfortable sexual positions for individuals with such problems.

1992; \$13.95; ISBN 0963260219;
R. Rothrock & G. D'Amore.

Let's Talk about Health: What Every Woman Should Know

Caryl Heaton, Beverly Schenkman Roberts,
Leone Murphy et al.

This workbook for heterosexual women addresses healthy habits, people's bodies, sexual health, menstruation, decision making, sexual abuse prevention, contraception, and STDs. It also explains a gynecological exam. 1996; \$20/workbook; 1994, \$22.95/video; *The Arc of New Jersey*.

Mother-to-Be: A Guide to Pregnancy and Birth for Women with Disabilities†

Judith Rogers and Molleen Matsumura

This book discusses all aspects of pregnancy in the context of disability—from making

the decision to have a child to problems after giving birth. The book includes interviews with 36 women with such disabilities as cerebral palsy, lupus, ataxia, multiple sclerosis, spina bifida, and arthritis. Other chapters discuss nutrition, exercise, labor, and delivery. Appendices include dietary plans and a glossary. An extensive index includes lists of resource organizations and suggested reading materials.

1991; \$29.95; ISBN 0939957299;
Demos Medical Publishing, Inc.

MS and Intimacy: Managing Specific Issues

Tanya Radford

This booklet is for people with multiple sclerosis (MS) and their partners. It addresses the importance of communication between partners and discusses sexual problems associated with MS for both men and women. The booklet also includes a list of resources. 2000; *Free to clients; National Multiple Sclerosis Society*.

Restricted Access: Lesbians on Disability

Victoria A. Brownworth
and Susan Raffo, Editors

This anthology represents the voices of lesbians experiencing a range of disabilities. Essays include "Autoimmune Disease: A Personal Perspective," "Complications: The Deaf Community, Disability and Being a Lesbian Mom—A Conversation with Myself," and "Flirting with You: Some Notes on Isolation and Connection." 1999; \$15.95; ISBN 158005028; Seal Press.

The Sensuous Heart: Guidelines for Sex after a Heart Attack or Heart Surgery+

Susanne Cambre, R.N., B.S.H.A.

This cartoon-style booklet discusses the emotional and physical needs of people who have had a heart attack or heart surgery. It answers questions about sexual intercourse and discusses the effects of alcohol, prescribed drugs, stimulants, and illegal drugs. 1990; \$5.75; ISBN 0939838281; Pritchett & Hull Associates, Inc.

Sex and Back Pain: Advice on Restoring Comfortable Sex Lost to Back Pain*

Lauren Andrew Hebert, .PT.

The line drawings and photographs in this book illustrate recommended exercises and sexual positions for people with back pain. A video demonstrates the various sexual positions described in the book. All individuals are clothed. 1997, \$12.95/book; 1993, \$39.95/video (includes 1994 version of Sex and Back Pain Patient Manual); ISBN 1879864029; IMPACC USA.

Sexual Concerns when Illness or Disability Strikes†

Carol L. Sandowski, M.S.W., A.C.S.W.

This book discusses the possible effects of medical conditions such as arthritis, diabetes, spinal cord injury, and alcoholism

on sexual functioning, relationships, self-esteem, and communication. The author explores treatments for sexual dysfunction. 1989; \$43.95; ISBN 039806413X; Charles C. Thomas Publisher, Ltd.

The Sexual Politics of Disability: Untold Desires

Tom Shakespeare, Kath Gillespie-Sells,
and Dominic Davis

Based on first-hand accounts, this book examines identity, relationships, sexuality, love, parenting, and abuse as they relate to disability. The book demonstrates barriers to sexual rights and expression. 1997; \$18.95; ISBN 0304333298; Continuum International Publishing Group, Inc.

Sexuality after Spinal Cord Injury: Answers to Your Questions

Stanley H. Ducharme
and Kathleen M. Gill

This book provides practical, straightforward answers to questions about spinal cord injury. Topics include emotions, sexual behavior, sexual health, and parenting. 1997; \$24.95; ISBN 1557662657; Brookes Publishing.

Sexuality & Cancer*

American Cancer Society

These two booklets—one for women and their partners and one for men and their partners—are available in print or on the organization's Web site. They are titled *For the Woman Who Has Cancer, and Her Partner* (1999) and *For the Man Who Has Cancer, and His Partner* (2000). Free; The American Cancer Society.

Sexuality and Spinal Cord Injury†

Sylvia Eichner McDonald,
Willa M. Lloyd, Donna Murphy,
and Margaret Gretchen Russert

This book explores topics relating to sexuality and reproduction before and after

spinal cord injury. One chapter outlines the steps individuals with spinal cord injuries may take to prepare for sexual activity. Another is devoted to different ways to give hugs from a wheelchair. There is also a general discussion about sexual attitudes, relationships, parenthood, contraception, and STDs. The book includes a list of myths about sexuality and spinal cord injury. It also includes an injury resource list. 1993; \$14.95; *The Spinal Cord Injury Center*.

Sexuality, Learning Difficulties and Doing What's Right

Gavin Fairbairn, Denis Rowley,
and Maggie Bowen

This book addresses sexuality and people with learning disabilities. It explores the rights they have to learn about sexuality issues, to form relationships, and to express themselves sexually. Chapters include "Ethics, Learning Difficulties and Sexuality," "Sweet Little Mystery: The Person with Learning Difficulties as a Sexual Being," "Exploitation, Abuse and Assault: The Sexual Misuse of People with Learning Disabilities," and "Being and Becoming: Sex Education, Responsibility and the Limits of Inclusion." 1995; \$26.95; ISBN 1853462926; Taylor & Francis.

Signs of Sexual Behavior: An Introduction to Some Sex-related Vocabulary in American Sign Language†

James Woodward

This book discusses sexuality-related vocabulary in American Sign Language. It offers clear illustrations of more than 130 signs and offers explanations and notes. It also includes a video that illustrates the signs. 1979; \$9.95/book, \$24.95/30-minute video, \$29.95/book and video; ISBN 0932666027; T.J. Publishers.

BOOKS FOR PROFESSIONALS

**Barrier Free:
Serving Young Women
with Disabilities[†]***Linda Marks and Harilyn Rousso*

This training manual is for groups that help teenage women with physical or sensory disabilities. It examines such subjects relating to consciousness-raising about women and disability, career exploration, independent living, and sexuality. 1991; \$12; *Women's Educational Equity Act Publishing Center.*

**Choices:
A Guide to Sex Counseling
with Physically Disabled Adults[†]**

*Maureen E. Neistadt, M.S.,
and Maureen Freda
Illustrations by Kerry Anne O'Reilly*

Written for rehabilitation professionals who provide sexuality counseling for physically disabled adults, this book contains guidelines for limited sexuality counseling and examines issues of intimacy and communication as well as the sexual response cycle. The book discusses functional and sexual difficulties caused by disabilities and the impact of disability on social issues such as privacy, dating, marriage, and childbearing. It includes reading and resource lists. 1987; \$9.95; ISBN 0894642014; *Krieger Publishing Company.*

**FACTS:
Forensic Assessment
of Consent to Sex***Nora J. Baladerian, Ph.D.*

This is an interviewing instrument designed to assess when adults with cognitive impairments actually consent to sexual relations. Some questions view the male as the perpetrator and therefore need to be rephrased using he or she. 1998; \$10; *Disability, Abuse & Personal Rights Project.*

**Informed Consent,
Sexuality, and People
with Developmental
Disabilities:
Strategies for Professional
Decision-Making***Laura K. Griffin, J.D.*

This workbook is designed to increase knowledge about sexual consent and decision making for those who work with people with disabilities. Although it focuses on work done in the state of Wisconsin, the information is relevant to all professionals. 1996; \$19.95; ISBN 0965653307; *ARC Milwaukee.*

**Providing Comprehensive
Sexual Health Care
in Spinal Cord Injury
Rehabilitation:
Continuing Education and
Training for Health Care
Professionals***Mitchell S. Tepper, Ph.D., M.P.H.*

This curriculum helps health care professionals gain knowledge, comfort, and skills to understand and manage the sexual health care of people with spinal cord injury. The three-day program focuses on helping professionals conduct sexuality assessment interviews, relay relevant and unbiased sexuality information, and provide specific suggestions about sexual options. 1997; \$95; ISBN 0965918505; *The Sexual Health Network.*

**Sexual Function in People
with Disability
and Chronic Illness:
A Health Professional's Guide***Marcia L. Sipski and Craig J. Alexander*

This book contains 29 chapters written by over 30 contributors. It addresses general sexual function, specific disabilities and illnesses, and treatment concerns. 1997; \$62; ISBN 0834208865; *Aspen Publishers Inc.*

**Sexuality and Chronic Illness:
A Comprehensive Approach[†]**

*Leslie R. Schover, Ph.D.,
and Søren Buus Jensen, M.D.*

Using an integrative biopsychosocial approach, this volume reviews basic skills that professionals need to discuss sexuality with chronically ill patients, assess sexual problems through psychological and medical approaches, and create a systematic treatment plan. 1988; \$49.95; ISBN 089862715; *Guilford Publications.*

**Sexuality and Disabilities:
A Guide for Human
Service Practitioners**

*Romel W. Mackelprang
and Deborah Valentine, Editors*

This collection of eight articles provides readers with a clear understanding of issues related to sexuality, intimacy, and disability. Titles include "Mental Retardation and Sexual Expression: An Historical Perspective," "Responding to the Sexual Concerns of Persons with Disabilities," "A Holistic Social Work Approach to Providing Sexuality Education and Counseling for Persons with Severe Disabilities," and "Sexual Assault and People with Disabilities." 1996; \$24.95; ISBN 078900092; *The Haworth Press, Inc.*

**Sexuality Issues for Youth
with Disabilities and
Chronic Health Conditions***Cecily Shapland*

This brief from the Institute for Child Health Policy addresses teen pregnancy prevention and risk factors as they relate to young people with disabilities. It also discusses strategies to address needs in such areas as sexuality education, community family planning services, and community partnerships. 1999; Free online; *Institute for Child Health Policy.*

**Socialization and Sexuality:
A Comprehensive
Training Guide
for Professionals
Helping People
with Disabilities
that Hinder Learning***

Winifred Kempton

This guide outlines a training program for professionals who work with the developmentally disabled. Chapters include "Understanding the Sexuality of People with Disabilities that Hinder Learning," "Attitudes about Sexuality: Personal Exploration," "Sexuality Counseling," "Sexual Abuse and Informed Consent," "Special Considerations Relating to Living Centers," "Working with Parents and Families," "Sexuality Programs and Evaluations," and "Assessments." 1998; \$59; *Program Development Associates*.

**Teaching Persons
with Mental Retardation
about Sexuality
and Relationships:
An Instructional Guide†**

*June Kogut and Susan Vilardo, Authors
Jane Bernstein, Editor*

This manual provides educators with guidelines on developing and implementing sexuality education programs for individuals with mental disabilities. 1993; \$49.95; *Planned Parenthood of Connecticut*.

**FOR
PARENTS**

**Abuse of Children
and Adults with Disabilities:
A Risk Reduction and
Intervention Guidebook for
Parents and Other Advocates**

Nora J. Baladerian, Ph.D.

This publication discusses the increased vulnerability to abuse that individuals with disabilities face. It also looks at the signs and

symptoms of abuse, the consequences of abuse, how to report suspected abuse, how to conduct interventions, and how to reduce risks. 1999; \$20; *Mental Health Consultants*.

**An Easy Guide
for Caring Parents:
Sexuality and Socialization:
A Book for Parents
of People with
Mental Handicaps**

*Lynn McKee and
Virginia Blacklidge, M.D.*

This book addresses the social needs of children with mental and other developmental disabilities. It also discusses the role of parents in their children's sexuality education. It includes a comprehensive discussion of sexual development and discusses such topics as growing up, responsible sexual behavior, masturbation, social life, sexual orientation, fertility and birth control, sexual abuse, and marriage. 1986; \$8; ISBN 0960689818; *Planned Parenthood Shasta-Diablo*.

**Sexuality:
Your Sons
and Daughters with
Intellectual Disabilities**

*Karin Melberg Schwier
and Dave Hingsburger, M.Ed.*

This book provides information to parents and caregivers to help them interact with their children—of any age or ability—to increase their children's self-esteem, to encourage appropriate behavior, to empower children to recognize and respond to abuse, and to enable them to develop lifelong relationships. Throughout the book, parents share their joys and challenges in raising children with intellectual disabilities, in the process, offering advice and practical strategies. 2000; \$24.95; ISBN 1557664285; *Brookes Publishing*.

BOOKS FOR YOUTH

**Caution:
Do Not Open
until Puberty!
An Introduction
to Sexuality
for Young Adults
with Disabilities**

*Rick Enright, B.A., M.S.W.
Illustrations by Sara L. Van Hamme*

This book is intended as an icebreaker for an open discussion of sexuality between disabled adolescents and their families. Using illustrations and text, it addresses decision making, anatomy, sexual response, physical disability and sexual functioning, as well as suggestions for further learning. 1995; \$9.95; ISBN 0968041507; *Devinjer House*.

**Changes in You:
A Clearly Illustrated,
Simply Worded Explanation
of the Changes
of Puberty for Boys†**

and

**Changes in You:
A Clearly Illustrated,
Simply Worded Explanation
of the Changes
of Puberty
for Girls†**

*Peggy C. Siegel
Illustrations by Vivien Cohen*

Printed for the fourth time in 1997, these books explain the changes that boys and girls experience during puberty. Topics include physical development, anatomy, masturbation, health, doctor's visits, public and private behaviors, and unwanted touch. The boy's book also addresses wet dreams, and the girl's book addresses menstruation. Parents' guides are available for sons and daughters with special needs. 1991; \$8.95/each; *Family Life Education Associates*.

Easy for You to Say: Q&As for Teens Living with Chronic Illness or Disability†

Miriam Kaufman, M.D.

This book answers questions that teens may have about chronic illness or disability. Chapters include "Sexuality," "Family Relationships," "Doctors and Medical Issues," "Friends and Dating," "School and Work," "Alcohol, Drugs, and Medication," "Recreation," and "Transitions." 1995; \$15.95; ISBN 1550136194; Firefly Books.

Spinabilities: A Young Person's Guide to Spina Bifida

Marlene Lutkenhoff, R.N., M.S.N.,
and Sonya G. Oppenheimer, M.D.,
Editors

This book provides practical tips and suggestions to help teenagers with spina bifida become independent and manage their own health care. It addresses mobility and equipment, skin, bowels, bladder care, staying healthy, self-esteem, body image, friendships, romantic relationships, sexuality, academic performance, and career skills. 1997; \$16.95; ISBN 0933149867; Woodbine House.

OUT OF PRINT

The Baby Challenge: A Handbook on Pregnancy for Women with a Physical Disability†

Mukti Jain Campion

This book describes the impact, effect, and outcome of a range of physical disabilities on pregnancy and childbirth and vice versa. It outlines the effect of disabilities on fertility, the role of genetics, implications of medication, remission of symptoms, precautions during pregnancy and labor, possible interventions during delivery, and expectations in a postnatal ward. Each chapter includes a resource list. The book also

includes a chapter specifically for health care professionals. 1990; ISBN 0415048591; Routledge.

Enabling Romance: A Guide to Love, Sex and Relationships for the Disabled†

Ken Kroll and Erica Levy Klein

This illustrated guide to intimacy and sexual expression is for individuals with physical disabilities. It debunks popular myths and stereotypes and includes chapters on living and loving with specific disabilities, sexual variations and alternatives, safer sex and family planning, building self-esteem, and dealing with attendants. It also lists referrals and suggested readings. 1995; ISBN 0933149786; Woodbine House.

Positive Approaches: A Sexuality Guide for Teaching Developmentally Disabled Persons†

Lisa Maurer

This guide provides a format for teachers, parents, and caregivers to help individuals with developmental disabilities learn the skills they need to understand and safely and appropriately express their individual sexuality. The guide couples background information with a variety of exercises, fact sheets, and programs relating to anatomy, physiology, contraception, relationships, pregnancy, and parenthood. 1991; Planned Parenthood of Delaware.

Reproductive Issues for Persons with Physical Disabilities†

Florence P. Haseltine, Ph.D., M.D.,
Sandra S. Cole, Ph.D.,
and David B. Gray, Ph.D.,
Editors

This resource includes contributions from individuals with disabilities as well as from health care professionals. Chapters focus on dispelling myths about sexuality and disability and exploring sexuality-related issues that challenge people with disabilities. Topics

include basic information about congenital and acquired physical disabilities, reproductive rights and opportunities, sexual dysfunctions, STDs, reproductive physiology, sexual development, health care needs, fertility, birth control, adoptions, pregnancy, labor and delivery, and parenthood. Individuals provide personal stories throughout the book. Professionals discuss clinical and policy issues. 1993; ISBN 1557661111; Paul H. Brookes Publishing.

The Sensuous Wheeler, Sexual Adjustment for the Spinal Cord Injured†

Barry J. Rabin, Ph.D.

This sexuality guide for men and women with spinal cord injuries covers sexual response, adjustment, and functioning. It also outlines ideas for attracting a partner, preparing for sexual activity, sexual positions, and nondemand pleasure techniques. 1980; ISBN 0960396802; Multi Media Resource Center.

Sexuality and People with Intellectual Disability† (Second Edition)

Lydia Fegan, M.A., Anne Rauch, B.A.,
and Wendy McCarthy

This book candidly discusses sexuality and the attitudes of individuals with intellectual disabilities and their caregivers. It includes sample dialogues and case situations, discussions of sexual rights for people with intellectual disabilities, and policy guidelines for organizations. 1993; ISBN 1557661405; Paul H. Brookes.

Taking Charge: Teenagers Talk about Life and Physical Disabilities

This book provides information for teenagers on the challenges they may face growing up with a disability. Topics include communication, independence, relationships, dating, sexuality, and family life. It also includes an appendix. 1992; ISBN 0933149468; Woodbine House, Inc.

Violence and Abuse in the Lives of People with Disabilities: The End of Silent Acceptance?†

Dick Sobsey, R.N., Ed.D.

This guide to understanding and preventing abuse includes accounts from victims and offenders, a framework for understanding abuse and why it occurs, and practical strategies for detecting and preventing abuse. Part 1 is devoted to understanding abuse and includes a section on sexual abuse and assault; Part 2 focuses on preventing abuse and discusses the importance of sexuality education—as well as sexual abuse prevention programs—to help prevent sexual abuse. It includes an annotated list of individuals and organizations dealing with abuse and persons with disabilities.

1994; ISBN 1557661480; *Paul H. Brookes.*

CURRICULA

Being Sexual: An Illustrated Series on Sexuality and Relationships†

*Dave Hingsburger
and Susan Ludwig
Illustrations by
James F. Whittingham*

This clearly written and richly illustrated 16-book series provides important information about sexuality and relationships for adolescents and adults with developmental disabilities or with problems relating to literacy, learning, or communication. The series looks at these issues from the perspectives of personal feelings, individual rights, and social expectations. Key concepts and definitions are translated into Blissymbols (visual language used in the disability community). The new symbols are highlighted.

1993; *Sex Information & Education Council of Canada.*

Changes in You: An Introduction to Sexuality Education through an Understanding of Puberty+

Peggy C. Siegel, M.S.

Illustrations by Vivien Cohen

This family life education program for young people with cognitive disabilities is intended to help students in grades four through nine develop strong, positive feelings about themselves as they make the transition into puberty. The complete program includes 73 laminated illustrations, the *Changes in You* book for boys, the *Changes in You* book for girls, and a teacher's guide.

1991; \$299; *James Stanfield Publishing Co.*

Child Sexual Abuse Curriculum for the Developmentally Disabled

*Sol R. Rappaport, Ph.D.,
Sandra A. Burkhardt, Ph.D.,
and Anthony F. Rotatori, Ph.D.*

This curriculum is divided into five parts: "Understanding Child Sexual Abuse of the Developmentally Disabled," "The Treatment of Sexually Abused Children," "Sexual Abuse: The Emotional and Behavioral Sequelae," "Factors that Mediate the Sequelae of Child Sexual Abuse," and "The Rappaport Curriculum for the Prevention of Child Sexual Abuse in Children with Developmental Disabilities." The last chapter includes 10 lessons on sexuality and the prevention of sexual abuse for children who are mildly mentally disabled. Parents and caregivers can review the appendix with their children.

1997; \$34.95; ISBN 0398067341; *Charles C. Thomas Publishers, Ltd.*

CIRCLES I: Intimacy & Relationships†

*Marklyn P. Champagne, R.N., M.S.W.,
and Leslie Walker-Hirsch, M.Ed.*

This two-part curriculum is for people with mild-to-moderate developmental disabilities. *Part One: Social Distance* consists of 11 videos

to help students "see" social and sexual distance. It also explains relationship boundaries and relationship-specific behaviors. *Part Two: Relationship Building* consists of six videos that demonstrate how levels of intimacy change as relationships change. The program also includes 12 videos, a wall graph, 50 laminated graph icons, 50 student "personal" graphs and icons, and a teacher's guide.

1993; \$599; *James Stanfield Publishing Co.*

CIRCLES II: Stop Abuse†

*Marklyn P. Champagne, R.N., M.S.W.,
and Leslie Walker-Hirsch, M.Ed.*

This curriculum is for people with mild-to-moderate developmental disabilities. It teaches them how to avoid exploitative situations. *Part One: Recognizing and Reacting to Sexual Exploitation* encourages student assertiveness and teaches students how to recognize and react to sexual exploitation. *Part Two: Learning Appropriate Protective Behaviors* discusses the potential for sexual abuse from acquaintances and strangers, and teaches students how to deal with unwanted advances. The complete set includes three videos, a wall graph, and a teacher's guide.

1986; \$399; *James Stanfield Publishing Co.*

CIRCLES III: AIDS: Safer Ways†

*Marklyn P. Champagne, R.N., M.S.W.,
and Leslie Walker-Hirsch, M.Ed.*

This curriculum is for people with mild-to-moderate developmental disabilities. *Part One: Communicable Diseases and Casual Contact* illustrates casual contact and the steps individuals should take to reduce the chances of becoming infected with a communicable disease. *Part Two: STDs, AIDS and Intimate Contact* explains the difference between casual and intimate contact. It promotes positive decision-making and addresses abstinence as the best way to avoid STDs and AIDS. The complete set includes six videos, supplemental materials, and a teacher's guide.

1988; \$399; *James Stanfield Publishing Co.*

The Family Education Program[†]

Katherine Simpson, M.F.C.C., Editor

This manual includes complete curricula for teaching sexuality, self-esteem, and abuse prevention to students with developmental and learning disabilities. It covers such subjects as working with schools, developing educational plans, working with parents, and dealing with teachers' concerns. The manual contains training outlines and resources, a section on audiovisual instruction, reproducible teaching graphics, and pretest and posttest evaluations.

1990; \$30; *Planned Parenthood Shasta-Diablo.*

The GYN Exam Handbook: An Illustrated Guide to the Gynecological Examination for Women with Special Needs[†]

Maria Olivia Taylor, M.S.N., R.N.C., C.N.S.

This curriculum for females with mild to moderate developmental disabilities takes participants through a gynecologic examination. This opportunity to understand the procedures is designed to provide the women with comfort and confidence. It also encourages them to take responsibility for their own sexual health needs. The complete set includes two videos, a handbook, and a teacher's guide.

1991; \$299; *James Stanfield Publishing Co.*

Janet's Got Her Period+

*Judi Gray
and Jitka Jilich*

This curriculum is for girls and young women with severe developmental disabilities. It consists of a video and an illustrated storybook with full-color photographs that tell the story of a young girl who learns menstrual self-care from her mother and sister. It includes a teacher's guide.

1990; \$399; *James Stanfield Publishing Co.*

LIFEFACTS: Essential Information about Life for Persons with Special Needs*

*James Stanfield
Publishing Co.*

Three of the seven programs in this series address AIDS, sexuality, and sexual abuse prevention. They are designed to provide health education professionals with the materials and information they need to teach adolescents and adults with mild-to-moderate developmental disabilities. *Life Facts: Sexuality* is currently under revision and is scheduled for release later this year. 1990, *AIDS*; 1990, *Sexual Abuse Prevention*; 1992, *Sexuality*; \$199/each; \$174 each/any two programs, \$165.67 each when purchasing three programs; *James Stanfield Publishing Co.*

Life Horizons I The Physiological and Emotional Aspects of Being Male & Female[†] and Life Horizons II The Moral, Social and Legal Aspects of Sexuality[†]

Winifred Kempton, M.S.W.

These two curricula are for people with mild-to-moderate developmental disabilities. *Life Horizons I* consists of five programs: "Parts of the Body," "Sexual Life Cycle," "Human Reproduction," "Birth Control or Regulation of Fertility," and "Sexually Transmitted Diseases and AIDS." It includes over 500 slides, a teacher's guide and script, and a video. *Life Horizons II* consists of seven programs: "Building Self-esteem and Establishing Relationships," "Moral, Legal, and Social Aspects of Sexual Behavior—Male," "Moral, Legal, and Social Aspects of Sexual Behavior—Female," "Dating Skills and Learning to Love," "Marriage and Other Adult Lifestyles," "Parenting," and "Preventing or Coping with Sexual Abuse." It includes over 600 slides, a teacher's guide, and a script.

1999; \$399 each, \$699 for both; *James Stanfield Publishing Co.*

"No-Go-Tell"[†]

*Elisabeth J. Krents, Ph.D.,
and Shella A. Brenner, M.A.*

This curriculum is designed to help children three through seven years of age protect themselves. The basic questions that the curriculum answers are: "Who are family, friends, familiar people, and strangers?," "What is 'ok' touch and 'not ok' touch?," "What are private parts?," "Who do you tell about an abusive incident?," and "How do you tell them?" The curriculum includes 76 laminated illustrations, male and female anatomically correct dolls, and a teacher's guide.

1991; \$299 without dolls, \$399 with dolls; *James Stanfield Publishing Co.*

Positive Partnerships: A Sexuality Education Curriculum for Persons with Serious Mental Illness

Patti Caldwell and Sally Reynolds

This curriculum provides guidelines for sexuality education in one-on-one or group settings to people with serious mental illness. It addresses sexuality, relationships, sexual orientation, anatomy, sexual response and expression, conception, contraception, pregnancy options, STDs, HIV/AIDS, social skills, dating, and sexual abuse. Educators should update certain information after reviewing the curriculum.

1994; \$19.95; *Planned Parenthood of Southern Arizona.*

Preventing Sexual Abuse: Activities and Strategies for Those Working with Children and Adolescents (Second Edition)

Carol A. Plummer

This sexual abuse-prevention curriculum is divided into two sections. The first section includes a three- or five-day presentation for grades K through six, which is adaptable for the developmentally disabled. The second section is a one-, three-, or five-day presentation for grades seven through 12.

The curriculum includes information about parental involvement. It also includes guidelines for instructors and an appendix. 1997; \$23.95; ISBN 1556911149; Learning Publications, Inc.

Sexuality Education for Persons with Severe Developmental Disabilities

(Revised Edition)

Beverly Brekke, Ed.D.

This curriculum is for people with severe mental disabilities. It includes seven slide presentations and a teacher's guide addressing anatomy, appropriate social behavior, menstruation, and medical examinations. This curriculum is appropriate as a supplement to *Life Horizons I* and *Life Horizons II*. 1988; \$399; James Stanfield Publishing Co.

Signs for Sexuality: A Resource Manual for Deaf and Hard of Hearing Individuals, Their Families, and Professionals

(Second Edition)[†]

Marlyn Minkin and Laurie Rosen-Ritt

This curriculum contains information on sexual abuse, STDs, and reproductive health. It includes more than 600 photographs to illustrate 250 terms associated with sexuality. Appendices include contraception information and anatomical drawings. 1991; \$24.95; Bookstore, Planned Parenthood of Western Washington, 2211 East Madison, Seattle, WA 98122; Phone: 206/328-7715; Web site: <http://www.ppwu.org>

Social Skills and Sex Education: Sex Education and Self Care for the Forgotten Adult

Mark and Syl Steege

This teaching tool is used to educate developmentally delayed adults. The first section discusses anatomy and sexual functioning, while the second section addresses appropriate and inappropriate touch. Also included are two audio cassettes

and picture books as well as an instruction manual.

1998; \$99; Program Development Associates.

Special Education: Secondary F.L.A.S.H. (Family Life and Sexual Health): A Curriculum for Grades 7-12+

Jane Stangle, M.Ed.

This comprehensive program is designed for adolescents in special education programs. It addresses the physical, emotional, and safety aspects of sexuality education; encourages parent and family involvement; and includes a section on preparing community-based sexuality education programs. Lesson plans cover relationships, communication, exploitation, anatomy, reproduction, STDs, and AIDS. The curriculum includes resource lists, guidelines for answering students' questions, recommended audiovisuals, teacher preparation suggestions, and master copies for all overhead transparencies and student handouts.

1991; \$40; Family Planning Publications.

Talking Sex! Practical Approaches and Strategies for Working with People Who Have Developmental Disabilities when the Topic Is Sex

Lisa T. Maurer, M.S., C.F.L.E.

This curriculum for professionals includes information, activities, and overheads that provide strategies toward making sexuality education more accessible to people with developmental disabilities.

1999; \$40; Planned Parenthood of Tompkins County.

AUDIOVISUALS

All of Us Talking Together: Sex Education for People with Developmental Disabilities

Program Development Associates

This video is intended for developmentally disabled adolescents and young adults, parents, and health care professionals who

work with the developmentally disabled. It includes young people's views on sexuality and parental concerns. It also explains how to talk with children about sexuality issues, sexual abuse, and HIV. In addition, it helps pave the way for better discussions between young people and health care providers about anatomy, contraception, and STDs. 1999; \$195; Program Development Associates.

ORDERING INFORMATION

Individuals should contact these publishers, distributors, or companies for more information on the publications listed in this bibliography.

The American Cancer Society

Phone: 800/227-2345

Web site: <http://www.cancer.org>

ARC Milwaukee

1126 South 70th Street

Suite N408B

Milwaukee, WI 53214

Phone and TDD: 414/774-6255

Fax: 414/774-7859

The Arc of New Jersey

985 Livingston Avenue

North Brunswick, NJ 08902

Phone: 732/246-2525

Fax: 732/ 214-1834

Web site: <http://www.arcnj.org>

Aspen Publishers Inc.

New Orders, 7201 McKinney Circle

Fredrick, MD 21704

Phone: 800/638-8437

Fax: 301/695-7931

Web site: <http://www.aspenpub.com>

Brookes Publishing

Customer Service, P.O. Box 10624

Baltimore, MD 21285-0624

Phone: 800/ 638-3775

Fax: 410/337-8539 Web site:

<http://www.pbrookes.com>

Charles C. Thomas, Publisher, Ltd.

2600 South First Street
Springfield, IL 62704
Phone: 217/789-8980
Fax: 217/789-9130
Web site: <http://www.ccthomas.com>

**Continuum International
Publishing Group, Inc.**

P.O. Box 605
Herndon, VA 20172
Phone: 800/561-7704
Fax: 703/661-1501
Web site: <http://www.continuum-books.com>

Demos Medical Publishing, Inc.

386 Park Avenue South, Suite 201
New York, NY 10016
Phone: 800/532-8663
Fax: 212/683-0118
Web site: <http://www.demosmedpub.com>

Devinjer House

P.O. Box 130
Sparta, Ontario, Canada N0L 2H0
Phone: 519/685-8703
Fax: 519/685-8699
Web site: <http://www.tvcc.on.ca>

**Disability, Abuse
& Personal Rights Project**

P.O. Box T
Culver City, CA 90230
Phone: 310/391-2420
Fax: 310/390-6994

Family Life Education Associates

P.O. Box 7466
Richmond, VA 23221
Phone: 804/262-0531
Web site: <http://www.changesinyour.homestead.com>

Family Planning Publications

Seattle-King County Department of Public Health, 400 Yesler Way, 3rd Floor
Seattle, WA 98104
Phone: 206/296-4902
Fax: 206/205-5281

Firefly Books

3680 Victoria Park Avenue
Toronto, Ontario, Canada M2H 3K1
Phone: 800/387-5085
Fax: 800/565-6034
Web site: <http://www.fireflybooks.com>

Guilford Publications

72 Spring Street
New York, NY 10012
Phone: 800/365-7006
Fax: 212/966-6708
Web site: <http://www.guilford.com>

The Haworth Press, Inc.

10 Alice Street
Binghamton, NY 13904-1580
Phone: 800/429-6784
Fax: 800/895-0582
Web site: <http://www.haworthpressinc.com>

IMPACC USA

1 Washington Street, P.O. Box 1247
Greenville, ME 04441
Phone: 800/762-7720
Fax: 207/695-2330
Web site: <http://www.impaccusa.com>

**The Institute
for Child Health Policy**

Web site: <http://www.mchbhrtu.org/downloadpolicypapers.htm>

James Stanfield Publishing Co.

P.O. Box 41058
Santa Barbara, CA 93140
Phone: 800/421-6534
Fax: 805/897-1187
Web site: <http://www.stanfield.com>

Krieger Publishing Company

P.O. Box 9542
Melbourne, FL 32902-9542
Phone: 321/724-9542
Fax: 321/951-3671
Web site: <http://www.krieger-publishing.com>

Learning Publications, Inc.

P.O. Box 1338
Holmes Beach, FL 34218-1338
Phone: 800/222-1525
Fax: 941/778-6818
Web site: <http://www.learningpublications.com>

Mental Health Consultants

P.O. Box T
Culver City, CA 90230
Phone: 310/391-2420
Fax: 310/390-6994

**National Multiple
Sclerosis Society**

Phone: 800/344-4867
Web site: www.nationalmssociety.org

**Planned Parenthood
of Connecticut**

129 Whitney Avenue
New Haven, CT 06510
Phone: 203/865-5158
Fax: 203/624-1333
Web site: <http://www.ppct.org>

**Planned Parenthood
Shasta-Diablo**

2185 Pacheco Street
Concord, CA 94520
Phone: 925/676-0505
Fax: 925/676-2814

**Planned Parenthood
of Southern Arizona**

127 Fifth Avenue
Tucson, AZ 85701-2091
Phone: 520/624-1761
Fax: 520/622-8743
Web site: <http://www.ppsaz.org>

Pritchett & Hull Associates, Inc.

3440 Oakcliff Road N.E., Suite 110
Atlanta, GA 30340-3079
Phone: 800/241-4925
Fax: 800/752-0510
Web site: <http://www.p-h.com>

**Program Development
Associates**

P.O. Box 2038
Syracuse, NY 13220-2038
Phone: 800/543-2119
Fax: 315/452-0643
Web site: <http://www.disabilitytraining.com>

**R. Rothrock
& G. D'Amore**

P.O. Box 1355
Morrisville, PA 19067-0325
Phone: 215/736-1266
Fax: 215/736-1986

Seal Press

3131 Western Avenue, Suite 410
Seattle, WA 98121
Phone: 800/788-3123
Fax: 206/285-9410
Web site: <http://www.sealpress.com>

**Sex Information & Education
Council of Canada**

850 Coxwell Avenue
East York, Ontario, Canada M4C 5R1
Phone: 416/466-5304
Fax: 416/778-0785
Web site: <http://www.sieccan.org>

**The Sexual
Health Network, Inc.**

3 Mayflower Lane, Shelton, CT 06484
Phone/Fax: 203/924-4623
Web site: <http://www.sexualhealth.com>

The Spinal Cord Injury Center

Froedtert Memorial Lutheran Hospital
9200 West Wisconsin Avenue
Milwaukee, WI 53226
Phone: 414/805-3658
Fax: 414/ 259-7927

Taylor & Francis

7625 Empire Drive
Florence, KY 41042
Phone: 800/634-7064
Fax: 800/248-4724
Web site: <http://www.routledge-ny.com>

Temple University Press

Attn: Order Department (083-42)
1601 N. Broad Street, 305 USB
Philadelphia, PA 19122-6099
Phone: 800/ 447-1656
Fax: 800/207-4442
Web site: <http://www.temple.edu/tempress>

T.J. Publishers

817 Silver Spring Avenue, No. 206
Silver Spring, MD 20910
Phone: 301/585-4440
Fax: 301/585-5930

**Winifred Kempton
Associates**

3300 Darby Road, C-404
Haverford, PA 19041
Phone/Fax: 610/642-1941

Woodbine House

6510 Bells Mill Road
Bethesda, MD 20817
Phone: 800/843-7323
Fax: 301/897-5838
Web site: <http://www.woodbinehouse.com>

**Women's Educational
Equity Act
Publishing Center**

P.O. Box 1020
Sewickley, PA 15143
Phone: 800/793-5076
Fax: 412/741-0609
Web site: <http://www.edc.org>

ORGANIZATIONS

**American Cancer Society
(ACS)**

This national organization acknowledges sexuality as an important part of everyday life. It provides information on sexuality and cancer for individuals and their families through its 24-hour hotline and resource center.

National Headquarters, 1599 Clifton Road, N.E., Atlanta, GA 30329; Phone: 800/227-2345 or 404/320-3333; Web site: <http://www.cancer.org>

**The Arc:
A National Organization
on Mental Retardation**

This organization affirms that individuals with mental retardation have sexual feelings, needs, and identities, and believes that sexuality should always be seen in the total context of human relationships.

The Arc also provides referrals for those who have been sexually abused.

1010 Wayne Avenue, Suite 650, Silver Spring, MD 20910; Phone: 301/565-3842; Fax: 301/565-5342; Web site: <http://www.thearc.org> E-mail: info@thearc.org

**The British Columbia Coalition
of People with Disabilities;
AIDS & Disability
Action Project (ADAP)**

This international organization works to facilitate full participation in society of people with disabilities and promotes independence. ADAP helps people with disabilities realize that they may be at risk and teaches them to prevent HIV infection through educational and workshop materials appropriate for people with various disabilities. 204-456 West Broadway, Vancouver, British Columbia, Canada V5Y 1R3; Phone: 604/875-0188; Fax: 604/875-9227; Web site: <http://www.bccpd.bc.ca/wdi>; E-mail: trans@bccpd.bc.ca

**Center for Policy
and Partnerships Institute
for Child Health Policy University
of Florida at Gainesville**

34th Street, S.W., Suite 323, Gainesville, FL 32608-5367; Phone: 888/433-1851; Fax: 352/392-8822

The Committee on Sexuality

This organization supports the rights of people with developmental disabilities through education, counseling, and advocacy.

5 Second Avenue, Chula Vista, CA 91910; Web site: <http://www.w3ddesign.com/committee>

**The Family Village
Web site**

This Web site provides information to families and professionals on sexuality and disability. It links to organizations, communities, recreational sites, and other resources for people with disabilities.

Waisman Center, University of Wisconsin-Madison, 1500 Highland Avenue, Madison, WI 53705-2280; Phone: 608/263-5973; Fax: 608/263-0529; Web site: <http://www.familyvillage.wisc.edu>; E-mail: Rowley@waisman.wisc.edu

National AIDS Hotline for Deaf and Hearing-impaired People

The Centers for Disease Control and Prevention (CDC) National AIDS Hotline TTY Staff are trained to answer questions and provide referrals about HIV, AIDS, and STDs from deaf individuals and other TTY users. Calls are answered in American Sign Language (ASL), English, and Spanish.

Voice and TTY: 800/243-7889

The National Information Center for Children and Youth with Disabilities

This organization is dedicated to providing information on disability-related issues for professionals, families, and educators. The news digest, *Sexuality Education for Children and Youth with Disabilities, 1992*, is available on the organization's Web site. The digest addresses concerns that parents and professionals face in informing and guiding children and young adults with disabilities in their social-sexual development.

P.O. Box 1492, Washington, DC 20013-1492; Phone: 202/884-8200; Voice and TTY 800/695-0285; Fax: 202/884-8444; Web site: <http://www.nichcy.org>; E-mail: nichcy@aed.org

The National Multiple Sclerosis Society

This organization is dedicated to providing up-to-date information to individuals with multiple sclerosis, their families, and their health care providers. Two brochures that relate to sexuality are *Do Sex Hormones Have a Role in MS?* and *Sexual Problems Your Doctor Didn't Mention*. It also has a bibliography on sexual dysfunction.

Contact the Multiple Sclerosis Society near you by calling 800/344-4867. Web site: <http://www.nationalmssociety.org> E-mail: info@nmss.org

The National Women's Health Information Center (NWHIC)

This center is a division of the U.S. Department of Health and Human Services.

NWHIC provides access to a variety of federal and other women's health information resources. Its site enables individuals to link, read, and download women's health-related material on sexuality and disability.

8550 Arlington Boulevard, Fairfax, VA 22031; Phone: 800/994-9662; TDD: 888/220-5546; Fax: 703/560-6598; Web site: <http://www.4woman.gov> E-mail: 4woman@soza.com

Parents Advocacy Coalition for Educational Rights (PACER)

The Pacer Center is a parent-training and information center for families of children and youth with disabilities. It has a library of resources available for families addressing sexuality and reproductive health. These products are for parents who want to discuss sexuality issues with their children.

8161 Normandale Boulevard, Minneapolis, MN 55437-1044; Phone: 952/838-9000; Fax: 952/838-0199; Web site: <http://www.pacer.org>; E-mail: pacer@pacer.org

Planned Parenthood Federation of America

This organization and its local affiliates have resources that address the sexuality and reproductive health needs of individuals with disabilities.

810 7th Avenue, New York, NY 10019; Phone: 212/541-7800; 800/829-7732 Fax: 212/245-1845; Web site: <http://www.planned-parenthood.org>; E-mail: communication@ppfa.org

L'Institut Roehrer

This Canadian organization promotes the equality, participation, and self-determination of people with intellectual and other disabilities.

Kinsmen Building, York University, 4700 Keele Street, Toronto, Ontario, Canada M3J 1P3; Phone: 800/856-2207; 416/661-9611; Fax: 416/661-5701; TDD: 416/661-2023; Web site: <http://www.roehrer.ca>; E-mail: info@roehrer.ca

Safe Place

This local organization provides assistance related to intervention, prevention, education, and advocacy to individuals with disabilities. Its *Safe Place Disability Services ASAP*

(*A Safety Awareness Program*) focuses primarily on individuals with disabilities.

P.O. Box 19454, Austin, TX 78760; Phone: 512/356-1599; TTY: 512/482-0691; Fax: 512/385-0662; Web site: <http://www.austin-safeplace.org>; E-mail: wabramson@austin-safeplace.org

San Francisco Sex Information Switchboard

This organization believes that accurate information helps people make responsible choices in their lives. Its services include a hotline, an online Q & A, and community outreach.

P.O. Box 881254, San Francisco, CA 94188-1254; Phone: 415/989-7374; 877/472-7374; Web site: <http://www.sfsi.org>; E-mail: info@sfsi.org

Sex Information & Education Council of Canada

This national nonprofit educational organization is dedicated to informing and educating the public and professionals about all aspects of human sexuality.

850 Coxwell Avenue, East York, Ontario, Canada M4C 5R1; Phone: 416/466-5304; Fax: 416/778-0785; Web site: <http://www.sieccan.org>; E-mail: sieccan@web.net

Sexuality Information and Education Council of the United States (SIECUS)

SIECUS affirms that sexuality is a natural and healthy part of living. SIECUS develops, collects, and disseminates information, promotes comprehensive education about sexuality, and advocates the right of individuals to make responsible sexual choices.

130 West 42nd Street, Suite 350, New York, NY 10036; Phone: 212/819-9770; Fax: 212/819-9776; Web site: <http://www.siecus.org>; E-mail: siecus@siecus.org

Special Interest Group on Social and Sexual Concerns, American Association on Mental Retardation

This special interest group on social and sexual concerns focuses on the socialization and sexuality of people with mental retardation.

SEXUALITY AND DISABILITY

444 North Capitol Street N.W., Suite 846
Washington, DC 20001; Phone: 800/424-
3688; 914/245-3384; Web site: <http://www.aamr.org>; E-mail: lesliewh@computer.net

Sexual and Relationship Facilitation Project (SARFP)

SARFP is a "listserv" where participants can discuss the development of sexuality and relationships. It aims to raise self-esteem and improve body image while enhancing interpersonal skills.

Web site: <http://groups.yahoo.com/groups/SARFP>

Sexual Health Network

The Sexual Health Network is committed to providing easy access to sexuality information, education, counseling, therapy, health care, and

other resources for people with disabilities.

Web site: <http://www.sexualhealth.com>

Sexuality and Disability Training Center

This training center provides counseling, outreach, and workshops focusing on sexuality and disability.

Boston Medical Center, 88 East Newton Street,
Boston, MA 02118; Phone: 617/638-7358;
Fax: 617/638-8170; Web site: <http://www.stanlyducharme.com>; E-mail: ducharme@bm.edu

Spinal Cord Injury Center Froedtert Memorial Lutheran Hospital

This center specializes in the rehabilitation of those who have spinal cord injury. Their resources include a bibliography and the

publication *Sexuality and Spinal Cord Injury*.
9200 W. Wisconsin Avenue, Milwaukee, WI
53226; Phone: 414/805-3658; Fax:
414/259-7927; Web site: <http://www.mcu.edu/spinal/biblio.htm>; E-mail: mlesica@fnllh.edu

Xandria Collection

This company sells adult sensual enhancement products and offers a catalog of products for disabled individuals.

The Xandria Collection, P.O. Box 319005,
San Francisco, CA 94131-9988; Phone:
800/242-2823; 415/468-3812; Fax: 415/
468-3912; Web site: <http://www.xandria.com>
E-mail: info@xandria.com

