Adherence support charts

Schedule planner: Use the top chart to plan your pill timetable with your doctor, nurse or pharmacist. Use shading to indicate when you mustn't eat if you are using ddI without tenofovir or indinavir without ritonavir; and meal times for drugs you have to take with food such as lopinavir/r (Kaletra), nelfinavir, ritonavir, saquinavir, atazanavir and tenofovir.

	AM							PM												AM		
Drug name	6	7	8	9	10	11	12	1	2	3	4	5	6	7	8	9	10	11	12	1	2	3