

THE FOUR GETS

FOUR STEPS YOU CAN TAKE TO FIGHT AIDS IN YOUR COMMUNITY:

1 GET INFORMED. What you don't know *can* kill you. Knowledge is a powerful weapon against HIV/AIDS.

2 GET TESTED. The vast majority of Black Americans infected with the AIDS virus don't even know it. You can't protect yourself or your partner if you don't know your status.

3 GET TREATED. 70 percent of HIV-positive people in America are not in proper treatment and care. AIDS is not the death sentence it once was. Early treatment can prolong your life.

4 GET INVOLVED. AIDS is spreading through our communities because not enough of us are involved in efforts to stop it. There are many ways to get involved in the fight:

- Volunteer
- Make a donation
- Become a regular contributor
- Join a board
- Deliver a meal
- Talk to your neighbors, friends and family about HIV/AIDS
- Write a letter to your Mayor, Governor, the President



**Black Voices
ON AIDS**